

# Gotta Get Thru This

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Christopher J. Spicer (USA)

Musique: Gotta Get Through This - Daniel Bedingfield



## TWO SETS - ROCK STEP, COASTER STEP

- 1-2 Rock forward onto right foot, recover weight onto left foot
- 3&4 Right foot step backward, left foot step next to right foot, right foot step forward slightly
- 5-6 Rock forward onto left foot, recover weight onto right foot
- 7&8 Left foot step backward, right foot step next to left foot, left foot step forward slightly

## TWO SETS - ROCK SIDEWAYS WITH SYNCOPATED VINES

- 1-2 Rock to the right on right foot, recover weight onto left foot
- 3&4 Step right behind left, step left out to left, step right in front of left
- 5-6 Rock to the left on the left foot, recover weight onto right foot
- 7&8 Step left behind right, step right out to right, step left in front of right

## SIDE CHA, CROSS ROCK, SIDE CHA, CROSS ROCK

- 1&2 Step right foot to right side, step together with left, step right foot to right side
- 3-4 Rock left foot across in front of right, recover weight back on right foot
- 5&6 Step left foot to left side, step together with right foot, step left foot to left side
- 7-8 Rock right foot across in front of left, recover weight back on left foot

## COASTER STEP, STEP ½ TURN, 2 LEFT KICK-BALL CHANGES

- 1&2 Right foot step backward, left foot step next to right foot, right foot step forward slightly
- 3-4 Step forward on left, turn a ½ turn to right (over right shoulder and switching weight to right foot when completing turn)
- 5&6 Left kick-ball change
- 7&8 Left kick-ball change

## DIAGONAL ROCK STEP WITH RIGHT ¼ TURN, LEFT SAILOR STEP, RIGHT VAUDEVILLE

- 1-2 With the left foot, do a 45 degree rock step to the right while completing right ¼ turn
- 3&4 Cross left foot behind right, step right foot to right side, step left foot centered under body
- 5-6 Step right foot to the right side, cross left foot behind right foot
- 7& Step right foot to right side, kick left foot forward at a left diagonal, step left foot beside right foot
- 8 Cross right foot over left foot

## LEFT VAUDEVILLE, RIGHT ¼ TURN WITH FORWARD SHUFFLE (RIGHT-LEFT-RIGHT), FORWARD SHUFFLE (LEFT-RIGHT-LEFT)

- 1-2 Step left foot to the left side, cross right foot behind left foot
- 3& Step left foot to left side, kick right foot forward at a right diagonal, step right foot beside left foot
- 4 Cross left foot over right foot
- 5&6 Do a ¼ turn to the right, shuffle forward right, left, right
- 7&8 Shuffle forward left, right, left

## STEP ½ TURN TO THE LEFT, STEP ¼ TURN TO THE LEFT, RIGHT UP AND DOWN BUMP, LEFT UP AND DOWN BUMP

- 1&2 Step forward on your right foot and make a ½ turn to the left (over left shoulder)
- 3-4 Step forward on your right foot and make a ¼ turn to the left (over left shoulder)
- 5&6 Step forward on right foot as you bump right hip up, bump right hip down

7&8 Step forward on left foot as you bump left hip up, bump left hip down

**STEP RIGHT TO RIGHT SIDE, STEP LEFT TO LEFT SIDE, STEP LEFT BACK TO CENTER, CROSS AND TURN, HOLD, HIP ROLL**

1-2 Step right foot out to right side, step left foot out to left side

3&4 Step left foot back to center, cross right foot over left foot

5-6 Do a half turn to the left (over left shoulder), hold on six

7&8 Hip roll

**REPEAT**

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