# Gotta Sweat

Compte: 0

Niveau: Intermediate

Chorégraphe: Michel Cabana (CAN)

Musique: Sweat Of Your Brow - Jully Black

# Sequence: AA BBBB A- AA BBBB AA BBBB A

#### PART A

#### COASTER STEP, STEP, TOUCH & HEEL & ROCK STEP, ¼ RIGHT STEP

- 1&2 Step back on the right, step left beside right, step forward on the right
- 3-4 Step forward on the left, touch right behind left
- &5& Step back on the right, touch left heel forward, step left beside right
- 6-7-8 Step forward on the right, recover on the left, pivot 1/4 turn right as you step right to the right

## CROSS SHUFFLE, ½ TURN LEFT, CROSS ROCK, ¾ TURN RIGHT

- Cross left over right, step left beside right, cross left over right 1&2
- 3-4 Pivot ¼ turn left as you back on the right, pivot ¼ turn left as you step left to the left
- 5-6 Cross right over left, recover on the left
- 7-8 Pivot ¼ turn right as you step forward on the right, pivot ½ turn right as you step back on the left

#### BACK LOCK STEP, ROCK STEP BACK, FORWARD LOCK STEP, ¾ TURN LEFT

- 1&2 Step back on the right, lock left in front of right, step back on the right
- 3-4 Step back on the left, recover on the right
- 5&6 Step forward on the left, lock right behind left, step forward on the left
- 7-8 Step forward on the right, pivot <sup>3</sup>/<sub>4</sub> turn left (weight ending on the left)

## CHASSE RIGHT, ROCK STEP BEHIND, STEP, SAILOR STEP, STEP

- 1&2 Step right to the right, step left beside right, step right to the right
- 3-4-5 Cross left behind right, recover on the right, step left to the left
- 6&7-8 Cross right behind left, step left beside right, take a big step to the right on right, step left beside right

## PART A-

The first 16 counts of part A

## PART B

# COASTER STEP, ¼ TURN RIGHT TOUCH, CHASSE RIGHT, ½ TURN RIGHT CHASSE LEFT

- 1&2 Step back on the right, step left beside right, step forward on the right
- 3-4 Step forward on the left, pivot 1/4 right as you touch right beside left
- 5&6 Step right to the right, step left beside right, step right to the right
- Pivot <sup>1</sup>/<sub>2</sub> turn right, step left to the left, step right beside left, step left to the left &7&8





**Mur:** 4