

Compte: 32

Mur: 4

Niveau: Improver hip hop

Chorégraphe: Garth Bock (USA)

Musique: If You Wanna Dance - Nobody's Angel



Presented at The Gateway Dance Workshop in St. Louis, Mo. On April 17th, 2004 and dedicated to the great people I met there

SCUFF OUT OUT, TWISTS, COASTER STEP, SYNCOPATED PIVOT

- 1&2 Scuff right foot forward, step right foot to side, step left foot to left side
3&4 Twist heels right, left, right turning body ¼ left (weight on right foot)
5&6 Step left foot back, step right next to left, step left foot forward (coaster step)
7&8 Step right foot forward, pivot ½ turn left, step right foot forward

ROCK STEP, ¼ TURN SHUFFLE, WEAVE, ROCK CROSS

- 9-10 Rock forward on left foot, recover weight on right
11&12 Step left foot ¼ turn left, step right next to left, step left to left side
13&14 Step right behind left, step left to left side, cross right over left
15&16 Rock left to left side, recover weight on right, cross left over right

HEEL JACKS (OR BUMPS), TOE TOUCH ¼ TURN, COASTER

- 17&18 Step right to right side, touch left heel at left diagonal
&19&20 Step left back, cross right over left, step left back, touch right heel at right diagonal
21-22 Touch right toe at left instep, turn knee out turn ¼ turn right
23-24 Step right back, step left next to right, step right forward

LEFT SHUFFLE, ROCK STEP, TWO STEP TURN, RIGHT WALK, LEFT WALK

- 25&26 Step left forward, step right next to left, step left forward
27-28 Rock forward on right, recover weight on left
29-30 Turn ½ turn right step forward on right, turn ½ right step back on left
31-32 Walk forward on right, walk forward on left

REPEAT

Optional: on counts 17-20 you can bump hips right, right, then left, left
