# Good Morning Beautiful Day



Compte: 32 Mur: 2 Niveau: Improver

Chorégraphe: Lisen Persson (SWE)

Musique: Good Morning Beautiful - Steve Holy



## This dance begins with a tag. It's a 16-count intro, and then a 2-count tag

## **TAG**

## STEP, SLIDE

1-2 Take a long step back on right, slide left next to right (weight on left)

### **DANCE**

## MAMBO, COASTER, TURN 1/2 LEFT & SHUFFLE BACK, COASTER

Rock right forward, recover weight to left, step right next to left

3&4 Step left back, step right next to left, step left forward

&5&6 Turn ½ left, step right back, step left next to right, step right back

7&8 Step left back, step right next to left, step left forward

## LOCK STEP, STEP, TURN ¼ RIGHT, CROSS, ROCK & CROSS, TURN ¼ RIGHT, TURN ¼ RIGHT, CROSS

CROSS		
1&2	Step right forward, lock left behind right, step right forward	

3&4 Step left forward, turn ¼ right (weight on right), cross left over right

5&6 Rock right to right, recover weight to left, cross right over left

7&8 Turn ¼ right and step left back, turn ¼ right and step right to side, cross left over right

## SWAY X3, LONG STEP, BEHIND, SIDE, CROSS, ROCK, TURN 1/4 RIGHT, STEP

1-3 Step right to right and sway hips right, left, right4& Take a long step to left, drag right close to left

5&6 Step right behind left, step left to left, cross right over left 7&8 Rock left to left, turn ¼ right (weight on right), step left forward

## FULL TURN LEFT, KICK BALL TOUCH, TOE-TOUCHES TWICE, KICK BALL STEP

1&2 Make a full turn left (traveling forward) on right, left, right
3&4 Kick left forward, step left next to right, touch right next to left

Touch right toe forward, step right behind left Touch left toe forward, step left behind right

7&8 Kick right forward, step right next to left, step left next to right

#### **REPEAT**

## **RESTART**

On your 3rd wall, dance the first 28 counts (end with right touch beside left). Then start the dance from the beginning

#### **TAG**

On your 5th wall, dance the first 20 counts. Then:

BEHIND, TURN 1/4 LEFT, STEP, STEP

Cross right behind left, turn ¼ left and step left forwardStep right slightly forward, step left slightly forward

## **END**

On the last wall you dance the first 20 counts (ending left over right). Turn 1/4 right and step forward on right

