Get Movin'



Compte: 64 Mur: 4 Niveau: Intermediate/Advanced

Chorégraphe: Amanda Andrews (USA)

Musique: Move It On Over - George Thorogood & Travis Tritt



TOE STRUTS RIGHT, SIDE TO FRONT TOUCHES

1-2 Touch ball of right to right side, drop right heel

Stylize by adding finger snaps

3-4 Touch ball of left across right, drop left heel

5-6 Touch ball of right to right side, touch ball of right across left

7-8 Touch ball of right to right side, step right next to left

TOE STRUTS LEFT, SIDE TO FRONT TOUCHES

1-2 Touch ball of left to left side, drop left heel

Stylize by adding finger snaps

3-4 Touch ball of right across left, drop right heel

5-6 Touch ball of left to left side, touch ball of right across left

7-8 Touch ball of left to left side, step left next to right

SIDE STEPS RIGHT, SAILOR STEP, ROCK STEP

1-2	Step right to right side, bring left next to right
3-4	Step right to right side, bring left next to right

5&6 Cross right behind left, step left to left, step right in place

7-8 Step left behind right, rock weight to right

SIDE STEPS LEFT, SAILOR STEP, ROCK STEP

1-2	Step left to left side, bring right next to left
3-4	Step left to left side, bring right next to left

5&6 Cross left behind right, step right to right, step left in place

7-8 Step right behind left, rock weight to left

RUBBER KNEES (MOVING SLIGHTLY FORWARD)

1-2	Roll right knee out, hold
3-4	Roll left knee out, hold

Roll right knee out, roll left knee outPop knees together, apart, together

SHUFFLE FORWARD, PIVOT, SHUFFLE FORWARD, 1/4 TURN

1&2 Shuffle forward with right

3-4 Step left forward, pivot ½ turn to right placing weight on right

5&6 Shuffle forward with left

7-8 Step right forward, ¼ turn to left placing weight on left

FORWARD SAILOR, FORWARD SAILOR, PIVOT, PIVOT

1&2	Cross right over left, step left to left side, step right in place
3&4	Cross left over right, step right to right side, step left in place

5-6 Step right forward, pivot ½ turn to left 7-8 Step right forward, pivot ½ turn to left

BOOT SLAPS (WITH 1/4 TURN), CROSS, 3/4 TURN (UNWIND)

1-2 Cross right leg behind left knee, slap boot with left hand, uncross right leg, slap boot with

right hand

3-4 Cross right leg in front of left knee, slap boot with left hand, uncross right leg making ¼ turn

to left, slap boot with right hand

5 Cross right over left

6-7-8 Unwind from cross making ¾ turn to left

REPEAT

Variation for the last 8 counts

Scuff right next to left
Stomp right down

3 Scuff right next to left making 1/4 turn to left

4 Stomp right down5 Cross right over left

6-7-8 Unwind from cross making ¾ turn to left