

# Get Punked Up!

**COPPER KNOB**  
STEPPERS

**Compte:** 0

**Mur:** 2

**Niveau:** Improver hip hop

**Chorégraphe:** Melissa (Boggs) Breazeale (USA) & Candi Titus

**Musique:** Wondering - Good Charlotte



**Sequence:** A, BBB, TAG, B, TAG

## **PART A**

### **SIDE SHUFFLES ROCK RECOVERS**

- 1&2 Side shuffle to right
- 3 Rock back on left
- 4 Recover to right
- 5&6 Side shuffle to left
- 7 Rock back on right
- 8 Recover to left

### **SHUFFLE FORWARD ROCK RECOVER TRIPLE STEP TURN SAILOR SHUFFLE**

- 1&2 Shuffle forward on right
- 3 Rock forward on left
- 4 Recover to right
- 5&6 Half triple step turn
- 7&8 Left sailor shuffle

### **HIP BUMPS BODY ROLLS**

- 1-2 Right hip bumps
- 3-4 Left hip bumps
- 5-6-7-8 Body rolls

### **HALF MONTEREY TURN SAILOR SHUFFLES**

- 1 Touch right to side
- 2 Half Monterey to right
- 3&4 Right sailor shuffle
- 5&6 Left sailor shuffle
- 7&8 Right sailor shuffle

### **PADDLE TURNS CROSS OUT OUT, CROSS OUT, CROSS OUT**

- 1 Paddle turn  $\frac{1}{4}$  wall to left
- 2 Paddle turn another  $\frac{1}{4}$  wall to left
- 3 Cross right over left
- & Step left foot out
- 4 Step right to the side
- 5 Cross left over right
- 6 Step right to the side
- 7 Cross right over left
- 8 Point left to the side

### **FUNKY WALK BACK COASTER STEP, 1 $\frac{1}{4}$ TURN TO THE RIGHT**

- 1 Bring left back behind right (side note: like the funky walk in "funky cowboy")
- 2 Bring right back behind left. /
- 3 Step left foot back slightly
- & Step right beside left

- 4 Step left forward
- 5-8 ¼ turn to right

#### **ROCK RECOVER SAILOR STEP TURN, ROCK RECOVER RENDEZVOUS ROCK RECOVER**

- 1 Rock forward on right
- 2 Recover turning ¼ to left
- 3&4 Left sailor step
- 5 Rock to the left
- 6 Recover ½ turn to the left
- 7 Rendezvous with left
- & Rock back on right
- 8 Recover to left

#### **REVERSED GALLOPING TURNS**

- 1-8 ¼ turns side rock recover (right left right turn, right left right turn)

#### **PART B**

##### **SAILOR SHUFFLES ROCK RECOVER**

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Rock forward on right foot
- 6 Recover to left
- 7 Rock back on right
- 8 Recover to left

##### **SAILOR SHUFFLES FULL PIVOT TURN**

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Step forward on right
- 6 Half pivot turn to left
- 7 Step forward on right
- 8 Haft pivot turn to left

##### **SAILOR SHUFFLE FORWARD, BACK, FORWARD, FORWARD**

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Forward right, left
- &6 Syncopate back right left
- &7&8 Syncopate forward right

##### **SAILOR SHUFFLE STOMP HOLD BODY ROLL**

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Stomp right foot
- 6 Hold
- 7-8 Body roll

#### **TAG**

##### **"THE DANNY"**

- 1 Right arm roll with palm facing forward
  - 2 Left arm roll with palm facing forward
  - 3-4 With palms facing forward push arms down and forward while shoulders roll with the arms
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