Funk It Up



Compte: 32 Mur: 2 Niveau: Intermediate

Chorégraphe: Jordan Frisbee & Rob "I" Ingenthron (USA)

Musique: You Led Me On - Vanessa Amorosi



ROCK & VINE, BODY WAVE, KNEE BUMPS

1-2 Rock forward on left foot, rock back onto right foo	1-2	Rock forward of	on left foot,	, rock back (onto right foo
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3&4 Vine to right: cross left foot behind right and weight, step to right on right foot, cross left foot

over right (to right) and weight

5&6 Place right foot (on ball) to right side, body wave up starting at the knee, up to the right

shoulder

7&8 Two knee bumps to right side - right knee to right, back in toward left knee, right knee to right

SYNCOPATED VINE, CAMEL WALKS

1 Trans	fer weight to I	eft foot
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2&3 Cross right foot behind left and weight, step left foot to left side, step right foot forward

4-5 Lock left foot behind right foot (popping right knee forward), step right foot forward (with

straight leg)

6-7 Step left foot forward (with straight leg), lock right foot behind left foot (popping left knee

forward)

8 Step left foot forward (with straight leg)

LOCK-KICK TO RONDÉ, SHOULDER BUMPS, DRAG BACK, & REPLACE

1-2 Simultaneously, lock the right foot behind the left, causing a rondé with the left foot

Finishing the rondé, start a ½ turn to the left: step left foot behind right foot, transfer weight to

right foot (continuing the turn to the left), finish turn stepping forward on left foot

Step forward onto right foot while lifting right shoulder, lift left shoulder while dropping right

shoulder, lift right shoulder while dropping left shoulder

7 Drag right foot back toward left foot

&8 Step on the right foot next to left foot, step forward on the left foot (body centered over left

foot)

SPIRAL TURN, AND LOCK (SHAG STYLE), UNWIND, FORWARD, BUTT, FORWARD - FORWARD

1-2 Spiral turn to right (on left foot)3 Step forward onto right foot

&4 (Shaq-style move) step forward onto left foot, cross right foot behind left (turning left hip

forward)

5 Unwind to right full turn (a full turn), ending with feet together

6 Push hips forward

7 Push butt back (rear-ward)

&8 Small hop forward (both feet), small hop forward (both feet)

REPEAT