

# Follow Me

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Roz Morgan (USA)

**Musique:** Follow Me - Uncle Kracker



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## ROCK RIGHT, ROCK LEFT, TOUCH, KICK BALL CHANGE, LOCKING SHUFFLE BACK, ½ TURN SHUFFLE

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|-----|---|
| 1-2 | Rock right on right foot, rock left on left foot                                    |
| 3   | Touch right foot next to left foot  |
| 4&5 | Kick right foot forward, step right foot next to left foot, step left foot in place |
| 6&7 | Step back on right foot, step left foot across right foot, step back on right foot  |
| 8&1 | ½ turn to left as you shuffle left, right, left                                     |

## TOE TOUCH, SAILOR SHUFFLE INTO ¼ TURN, TOE TOUCH, SAILOR SHUFFLE INTO ½ TURN

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|-----|--|
| 2-3 | Touch right toes forward, touch right toes to right side   |
| 4&5 | Make ¼ turn to right as you step right foot behind left foot, step left foot to left side, step right foot to right side |
| 6-7 | Touch left toes forward, touch left toes to left side  |
| 8&1 | Make ½ turn to left as you step left foot behind right foot, step right foot to right side, step left foot to left side  |

## SHUFFLES, ROCK, RECOVER, ½ TURN SHUFFLE

- |     |  |
|-----|--|
| 2&3 | Shuffle forward right, left, right               |
| 4&5 | Shuffle forward left, right, left                |
| 6-7 | Rock forward on right foot, recover on left foot |
| 8&1 | Turn ½ right as you shuffle right, left, right   |

## ½ TURN SHUFFLE, ROCK BACK, RECOVER, CROSS, SIDE, ROCK BEHIND RECOVER

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|-----|--|
| 2&3 | Turn ½ right as you shuffle left, right, left                |
| 4-5 | Rock back on right foot, recover on left foot                |
| 6-7 | Cross right foot over left foot, step left foot to left side |
| 8&  | Rock right foot behind left foot, recover on left foot       |

## REPEAT

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