

Fast Track

Compte: 32

Mur: 2

Niveau: Beginner



Chorégraphe: Rosalee

Musique: Rolling in My Sweet Baby's Arms - Boxcar Willie

RIGHT TOE TOUCH, STEP FORWARD; LEFT TOE TOUCH, STEP FORWARD; (REPEAT)

- 1-2 Right toe touch to the right, step forward on right
- 3-4 Left toe touch to the left, step forward on left
- 5-6 Right toe touch to the right, step forward on right
- 7-8 Left toe touch to the left, step forward on left

BACK TOE HEEL STRUTS X 4 - RIGHT, LEFT, RIGHT, LEFT

- 1-2 Right toe back, bring heel to the floor
- 3-4 Left toe back, bring heel to the floor
- 5-6 Right toe back, bring heel to the floor
- 7-8 Left toe back, bring heel to the floor

RIGHT VINE WITH HALF TURN AND HITCH; LEFT VINE WITH TOUCH

- 1-2 Step right to side, cross-step left behind right
- 3-4 Step right to the side with ¼ turn right, complete half turn and hitch left foot
- 5-6 Step left to the side, cross-step right behind left
- 7-8 Step left to the side, touch right beside left

PADDLE TURNS X 4

- 1-2 Right foot step forward, pivot ¼ turn to the left (on balls of both feet)
- 3-4 Right foot step forward, pivot ¼ turn to the left (on balls of both feet)
- 5-6 Right foot step forward, pivot ¼ turn to the left (on balls of both feet)
- 7-8 Right foot step forward, pivot ¼ turn to the left (on balls of both feet)

REPEAT
