Feel Like A Woman

Niveau: Intermediate

Chorégraphe: Tania Armstrong

Compte: 60

Musique: Man! I Feel Like a Woman! - Shania Twain

STOMP, STOMP, STEP BACK, TOGETHER, SHUFFLE FORWARD, STEP, KICK

- 1-4 Stomp right foot next to left twice, step back onto right, step left next to right
- 5&6-7-8 Shuffle forward stepping right-left-right, step forward onto left, kick right forward

STEP BACK, STEP BACK, STEP FORWARD, TAP

1-4 Step back onto right, step back onto left, step forward onto right, tap left next to right

FULL TURN LEFT DURING VINE LEFT, 4 HIP BUMPS

- 1-2 ¹/₄ turn left stepping onto left foot, ¹/₂ turn left stepping onto right foot
- 3-4 ¹/₄ turn left stepping onto left foot, ¹/₂ turn left stepping onto right foot
- 5-8 Sway hips right, left, right, left

FULL TURN RIGHT DURING VINE LEFT, 4 HIP BUMPS

- 1-2 1/4 turn stepping onto right, 1/2 turn right stepping onto left
- 3-4 ¹/₄ turn right stepping onto right, tap left next to right
- 5-8 Sway hips, left, right, left, right

STEP FORWARD, ½ TURN RIGHT, SHUFFLE, STEP FORWARD, ½ TURN LEFT, SHUFFLE

- 1-2 Step forward onto left, ½ pivot turn right placing weight onto right
- 3&4 Shuffle forward stepping left-right-left
- 5-6 Step forward onto right, ½ pivot turn left placing weight onto left
- 7&8 Shuffle forward stepping right-left-right

WALK, WALK (WALK, WALK), SIDE ROCK, CENTER

1-6 Walk forward left, right, left, right, rock left to side, step right in place

When facing back wall only walk forward 2 times not 4

ROCK FORWARD, BACK, FORWARD, SIDE ROCK, CENTER, ROCK FORWARD, BACK, FORWARD, BACK

- 1-2 Rock left across in front of right, rock right in place
- 3-4 Rock left in place, rock right to right side
- 5-8 Rock left in place, rock right across in front of left, rock left in place, rock right in place

VINE LEFT WITH ½ TURN LEFT AND SCUFF

- 1-2 Step left to side, step right behind left
- 3-4 ¹/₂ left stepping onto left, scuff right forward next to left

STEP FORWARD, SCUFF, STEP FORWARD, SCUFF, STEP FORWARD, SCUFF, STEP FORWARD, SCUFF

- 1-4 Step forward onto right foot, scuff left foot next to right, step forward onto left, scuff right next to left
- 5-8 Step forward onto right foot, scuff left next to right, step forward onto left, scuff right next to left

REPEAT

To end the dance facing front, when doing step, $\frac{1}{2}$ pivot turn and shuffle forward, step, $\frac{1}{2}$ pivot turn and shuffle, add step, $\frac{1}{2}$ pivot turn to face the front and stomp left, right





Mur: 2