

Elm Park Strut

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Stephen (Hillbilly) Howard

Musique: There Goes My Heart - The Mavericks



Start dance after 9 second intro when he sings "Eyes" (part way through the first verse). There is no specific place to start but this is where I start the dance

KICK STEP TWICE, KICK BALL CHANGE, STAMP TWICE

- 1-4 Kick right forward, step forward on right, kick left forward, step forward on left
- 5&6 Kick right forward, step right beside left, step onto left in place
- 7-8 Stamp right beside left twice

SAILOR STEP RIGHT, ½ TURNING SAILOR STEP LEFT, ROCK TWICE, COASTER STEP RIGHT

- 9&10 Cross right behind left, step left to left side, step right to place
- 11&12 Cross left behind right, step right to right side making ¼ turn to left, step left forward
- 13-14 Rock forward on right, rock back on left
- 15&16 Step back on right, step left beside right, step forward right

GRAPEVINE LEFT WITH TAP, STEP & DRAG

- 17-20 Step left to left side, cross right behind left, step left to left side, tap right beside left
- 21-24 Step right to right side and slowly drag left to right over 2 beats, tap left beside right

GRAPEVINE LEFT WITH ¼ TURN & BRUSH, JAZZ BOX RIGHT

- 25-28 Step left to left side, cross right behind left, step left ¼ turn left, brush right forward
- 29-32 Cross right over left, step back on left, step right to right side, close left beside right

SHIMMY/THRUST & CLAP TWICE

- 33-36 Step right to right, shimmy / thrust, close left to right, clap hands on 4th beat
- 37-40 Step right to right, shimmy / thrust, close left to right, clap hands on 4th beat

SHUFFLE FORWARD TWICE, GRAPEVINE RIGHT WITH CLOSE

- 41&42 Step forward right, close left beside right, step forward right
- 43&44 Step forward left, close right beside left, step forward left
- 45-48 Step right to right side, cross left behind right, step right to right side, close left beside right

REPEAT

Dedicated to The Elm Park Hotel, Eastbourne. Thanks for a lovely weekend