Explicit!

Compte: 64	**Mur:** 2	**Niveau:** Intermediate	

Chorégraphe: M.T. Groove (UK)

Musique: Shake That (feat. Nate Dogg) - Eminem : (Clean Version)

Start on main vocals when he says "There she goes shaking that ass on the floor". Oh, wait. I guess there is no clean version
Start dance with left foot forward of right foot. This helps with balance for the first 4 counts of section 1

TOE/HEEL ROCKS, CROUCH BUMPS, SIDE TOGETHER

1-2	With left foot slightly forward of right foot rock forward onto both left and right toes, rock back onto both heels raising toes off the floor
3-4	Repeat above
5&6	With knees bent and bent over at waist with both hands on right knee bump hips forward, back, forward
7-8	Step right big step to right side, close left next to right taking the weight on left

HOOK KICK TWICE, WALK RIGHT, LEFT, ¾ WALK AROUND RIGHT, LEFT, RIGHT, LEFT

1&2&	Hook right foot across left ankle, kick right forward (small kick), repeat for 2&

During counts 1&2& put your right arm across your body so your right hand is just below your left hip then just bend your hand down up, down up as you do your hook kick, hook kick

3-4	Walk forward right, left
5-6-7-8	Walk around a ¾ turn left in a large circle right, left, right, left

JUMP (KICK BACK), HEEL, DIP DIP, WALK BACK LEFT, RIGHT, ¼ TURN POINT

1-2	Jump onto right foot as you kick your left leg back you'll be leaning forward, Touch left heel forward, You will have straightened up
3&4&	Dip down slightly (both knees will bend), straighten up...repeat for 4&
5-6	Walk back left, right
7-8	Make a ¼ turn left step left to left side, point right to right side

MODIFIED MASH POTATO SIDE WEAVE, HEEL SWITCHES, ARMS

1&2&3&4	Step right behind left, left to left side, cross right over left, step left to left side

Now this is a weave but on the & counts swivel your feet so you are actually doing a mash potato style weave traveling left

5&6&	Touch right heel forward, step right in place, touch left heel in place, step left in place
7&8	Touch right heel forward, step right in place, touch left heel forward

Keep left heel forward until count 2 of next section
On count 7 bring right arm up in front of chest with elbow bent and fist clenched, Then bring left arm up the same just under your right arm on count &, on count 8 move your fists apart so left fist comes toward chest and right fist slightly away from body then take them back to where they were on &

RIGHT FIST TAPS LEFT FIST DOWN, RIGHT ARM GOES DOWN AS YOU STEP LEFT IN PLACE, ¼ BODY ROLL, STEP ¼ PIVOT, TOUCH BEHIND REVERSE FULL TURN

&1-2	Right fist taps left fist (&), left arm goes down to left side(1), step left in place as you drop right arm down to right side(2)
3-4	Body roll a ¼ turn left as feet just pivot, Your head will lead the body roll
5-6	Step forward right, pivot sharp ¼ turn left
7-8	Touch right behind left, unwind a full reverse turn right, Weight ends up on right

GRAPEVINE, FUNKY WALKS

1-2-3-4	Step left to left side, step right behind left, step left to left side, touch right next to left
5-6-7&8	Funky walks forward right, left, right, left, right, rolling knees out as you go

STEP BACK TOGETHER, ¼ PIVOT, STEP TOGETHER, BUMP BUMP, RIGHT COASTER STEP

1-2	Take a big step back on left(over the wall style), step right next to left
3&4	With feet in place pivot a ¼ turn left taking weight left, step forward right, step left next to right
5-6	Bump hip twice to the left, taking weight left
7&8	Step back on right, close left next to right, step forward on right

¼ ROCK & CROSS, HOLD, ROCK & STEP FORWARD, ½ STEP BACK, BACK TOGETHER

1-2&3	Make a ¼ turn left crossing left over right, rock right to right side, recover left, cross right over left
4-5&6	Hold, rock left to left side, recover right, step forward left
7-8&	Make a ½ turn left step back on right, step back on left, close right next to left

Counts 8& of last section and count 1 of the first section make a left coaster

REPEAT