

8 Days A Week

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Ros Brander-Stephenson (UK)

Musique: Eight Days a Week - The Beatles



SYNCOPATED VINE, ROCK RECOVER, SAILOR ¼ TURN LEFT

- 1-2 Step right to right side, cross left behind right
- &3 Step right to right side, cross left over right
- 4-5 Rock right to right side, recover weight onto left
- 6&7 Cross right behind left, step left ¼ turn left, step right in place
- 8 Step left forward

ROCK FORWARD RECOVER, ¾ TURN RIGHT, ROCK RECOVER, COASTER STEP

- 9-10 Rock forward on right, recover onto left
- 11&12 Make ¾ turn right while stepping right, left, right (u turn)
- 13-14 Rock forward on left, recover on right
- 15&16 Step back on left, step right in place, step left in place

FIGURE 8 GRAPEVINE RIGHT

- 17-18 Step right to right, step left behind right
- 19-20 Step right to right making ¼ turn right, step left forward
- 21 Pivot ½ turn right shifting weight to right foot
- 22 Step forward on left, making ¼ turn right (facing front wall)
- 23-24 Step right behind left, step left in place

2 RIGHT JAZZ BOXES WITH ½ TURN RIGHT

- 25-26 Step right over left, step back on left making ¼ turn right
- 27-28 Step right to right side, step left in place
- 29-32 Repeat steps 25-28

KICK BALL CHANGE & CLAP TWICE

- 33&34 Kick right forward, step back on right, step back left
- 35&36 Hold and then clap twice
- 37&38 Kick left forward, step back on left, step back on right
- 39&40 Hold and then clap twice

2 X HALF MONTEREY TURNS WITH CLAPS

- 41-42 Touch right to right, on ball of left pivot ½ turn right, bring right next to left
- 43&44 Touch left to left side, while bringing left next to right, clap twice
- 45-48 Repeat counts 41-44 (facing the back wall weight on right)

DIAGONAL LEFT KICK BALL CHANGE TWICE, ROCK RECOVER, LEFT SAILOR

- 49&50 Kick left forward, step slightly forward on left, step right in place
- 51&52 Repeat counts 49&50
- 53-54 Rock left to left, recover on right
- 55&56 Cross left behind right, step right to right side, step left in place

ROCK RECOVER, ¾ TURN RIGHT, ROCK RECOVER, LEFT COASTER

- 57-58 Rock forward on right, recover on to left
- 59&60 Make ¾ turn right, stepping right, left, right (u turn)
- 61-62 Rock forward on left, recover on right

63&64

Step back left, step right beside left, step forward left

REPEAT

RESTART

On the third and fifth wall only dance the first 32 counts then start again at the beginning
