Don't Stop



Compte: 40 Mur: 4 Niveau: Improver

Chorégraphe: Jay Floyd

Musique: Don't Stop Movin' - S Club 7



RIGHT KICK STEP TOUCH, LEFT KICK STEP TOUCH, RIGHT HEEL TOE, STEP 1/4 BOUNCING TURN

1&2	Kick right forward, step right, touch left toe behind
3&4	Kick left forward, step left, touch right toe behind
5-6	Touch right heel forward, touch right toe behind
7&8	Step forward right, ¼ turn left with a bounce, bounce

SYNCOPATED RIGHT ROCK RECOVER TOUCH, TOE TOUCH WITH FULL SPIRAL TURN, SIDE SHUFFLE, ROCK RECOVER

1&2 Syncopated cross right over left, recover to left, touch right to right

3-4 Touch right behind left, full spiral turn right onto right

5&6 Shuffle side left, right, left

7-8 Rock right behind left, recover to left

SKATE RIGHT, LEFT, SHUFFLE RIGHT. SKATE LEFT, RIGHT, SHUFFLE LEFT

1-2 Step right at forward angle, step left at forward angle

3&4 Shuffle in place, right left right

5-6 Step left at forward angle, step right at forward angle

7&8 Shuffle in place, left right left

STEP ½ TURN, SHUFFLE FORWARD, LEFT MAMBO CROSS, RIGHT MAMBO CROSS

1-2 Step forward right, turn ½ left onto left

3&4 Shuffle forward right left right

Rock left to left, recover to right, cross step left in front of right
Rock right to right, recover to left, cross step right in front of left

LEFT MAMBO CROSS, RIGHT MAMBO CROSS, STEP ½ TURN, SHUFFLE FORWARD

Rock left to left, recover to right, cross step left in front of right Rock right to right, recover to left, cross step right in front of left

5-6 Step forward on left, pivot ½ turn onto right

7&8 Shuffle forward left right left

REPEAT