Don't Stop



Compte: 48 Mur: 4 Niveau: Intermediate

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Musique: Don't Stop - Fleetwood Mac



TOE-HEEL CROSS INTO TRAVELING CROSS HEEL GRINDS, JAZZ BOX, STEP

1-2	Touch right toe in to left instep, touch right heel to right side

Place right heel forward & across left foot with weight (your body will have to turn to the left

slightly to do this). Right toe will point slightly to the left

4 Step left to left side & point right toe to right side (the toe fan will occur naturally as you step

to the side with your left foot)

5-6 Repeat counts 3-4 (heel cross, grind as you step back with left)

7-8 Step right to side, step left beside right

JAZZ BOX WITH RIGHT 1/2 TURN, SHUFFLE FORWARD RIGHT, LEFT, RIGHT, ROCK STEP

1-2	Cross step right over left, stepping back on left as you start the ½ turn to right
3-4	Complete ½ turn to right stepping forward on right, step left beside right
5&6	Shuffle forward right, left, right

7-8 Rock forward on left, step right in place

SHUFFLE BACK LEFT, RIGHT, LEFT, ROCK STEP, ½ MONTEREY TURN RIGHT

1&2	Shuffle back left, right, left
3-4	Rock back on right, step left in place
5-6	Touch right toe to right side, turn ½ right as you step right next to left
7-8	Touch left toe to left side, step left next to right

TOE STRUT FORWARD. TOE STRUT WITH 1/4 TURN LEFT, RIGHT & LEFT VAUDEVILLES

TOL OTHOTT ORWARD, TOL OTHOT WITH 1/4 TORIN LLT 1, MOTH & LLT 1 VAODE VILLEO		
1-2	Step forward on right with ball or toe, flatten heel	
3-4	Step forward and across right with left ball or toe, flatten heel as you turn 1/4 to left	
&5&6	Step right diagonally back, touch left heel to left side, step left to center, cross step right over left	
&7&8	Step left diagonally back, touch right heel to right side, step right to center, step left beside right	

KICK BALL CHANGE, PLACE HOLD, RIGHT SAILOR STEP, LEFT SAILOR STEP

1&2	Kick right foot forward, rock back slightly on right, step left in place
3-4	Place right foot forward (no weight), hold
5&6	Cross right behind left, step left slightly to side, step right to side
7&8	Cross left behind right, step right slightly to side, step left to side

JAZZ JUMP BACK, HOLD, JAZZ JUMP FORWARD, HOLD, JAZZ JUMPS BACK X 4

&1-2	Take small steps back right, left, hold
&3-4	Take small steps forward right, left, hold
&5&6	Take small steps traveling back right, left, right, left

&7&8 Repeat counts &5&6

On the 5th wall (you will be facing your starting wall), after you do the jazz jump back and then forward just hold your position (don't finish the 8 counts) and then start from the beginning. Just do this the one time and if you forget, don't worry. You will still be ready to start from the beginning anyway.

REPEAT