Don't Stop Movin'



Compte: 64 Mur: 2 Niveau: Intermediate

Chorégraphe: Colleen Archer (AUS)

Musique: Don't Stop Movin' - S Club 7



1-2	Step left back, rock forward onto right	
&3-4	Step left beside right, step right forward, turn ½ turn left (weight to left)	
5&6	Shuffle sideways right (right-left-right)	
7-8	Step left behind right, rock replace forward onto right (6:00)	
9	Step left sideways left & turn body to face left diagonal	
9	Step left sideways left & turn body to face left diagonal	
Bend arms at elbows keeping arms at waist height and swing arms back		
4.0		

Bend arms at elbows keeping arms at waist height and swing arms back		
10	Slide/step right up beside left, chug	
Swing arms forward, elbows still bent		
11&12	Shuffle to left (left-right-left)	
13&14	Kick right to front, step right beside left, point/touch left sideways left	
15-16	Touch left over right, turn ½ turn right and take weight onto left (12:00)	
17-20	Walk forward right-left-right, touch left heel forward and click fingers	
21-22	Step left sideways left, touch right beside left and clap	
23-24	Step right sideways right, touch left beside right and clap (12:00)	
25-28	Moving left turn full turn left stepping left-right-left, touch right beside left	
29-30	Rock/step right sideways right, rock/replace weight onto left	
31&32	Turn ¼ turn right and shuffle forward (right-left-right) (3:00)	
&33	Step left sideways left, step right sideways right	
34	Hold and clap	
&35	Step left back to left diagonal, touch right heel forward to right diagonal	
36	Hold and click fingers (both hands)	
&37	Step right to center, step left to center	
&38	Step right back to right diagonal, touch left heel forward to left diagonal	
&39	Step left to center, step right to center	
&40	Step left back to left diagonal, touch right heel forward to right diagonal (3:00)	
41&42	Shuffle back (right-left-right)	
43-44	Step left back, rock forward onto right	
45-46	Step left forward, turn ½ turn right taking weight onto right	
47-48	Moving forward turn full turn right stepping left-right (9:00)	
49-50	Step left forward, turn ¼ turn right replace weight on right	
51&52	Cross shuffle to right stepping left-right-left	
53-54	Stomp right sideways right, hold	
55&56	Cross shuffle to right stepping left-right-left (12:00)	
57&58	Step right back, step left beside right, step/cross right over left	
59	Turn ¼ turn right and step left back	
60	Turn ¼ turn right and step right sideways right	
61	Step left forward to left diagonal	

Bend elbows keeping arms at waist height, swing arms back Slide right forward to touch beside left, clap 62

Swing arms forward, chug

Step right forward to right diagonal

Repeat arm movements as before

Slide left forward to touch beside right, clap (6:00)

Swing arms forward, chug

REPEAT

RESTART

During third vanilla which begins facing front wall, dance the first 20 counts (touch left heel forward & click fingers) as before then start fourth vanilla facing front wall

TAG

Track 1

After fifth vanilla which finishes facing front wall, dance as before to count 64, then repeat counts 61 to 64. Four chugs instead of two.

Track 2

After fifth, sixth and seventh vanillas, dance as before to count 64 then repeat counts 61 to 64. Four chugs instead of two.