# Dirrty

Niveau: Advanced

Compte: 32 Chorégraphe: The Firebirds (UK)

Musique: Dirrty - Christina Aguilera

# FULL MONTEREY, ROCK & CROSS, KICK & CROSS, HEEL BOUNCE

- Point right to right side, on ball of left, full turn right stepping right foot next to left 1-2
- 3&4 Rock let to left side, recover onto right, cross left over right
- 5&6 Kick right foot diagonally forward right, step right next to left, cross left over right
- 7&8 Stomp right to right side, lift right heel up then drop right heel

### Bend right knee so you're leaning over your right foot while doing heel bounce

# HEEL SWIVELS, BODY ROLL, FULL TURN, MAMBO FORWARD

- 1&2 Swivel both heels right, left, right making a 1/4 turn left
- 3-4 Body roll up and back onto your right foot
- 5&6 Make a full turn forward stepping left, right, left (turning left)
- Rock forward on right, recover onto left, step right next to left 7&8

You will still be leaning forward over your foot (counts 7&8 from last section) so when you do the swivels they will turn you so that you will be leaning backwards- you body roll up from this position and drop weight back onto right foot

### 1/2 TURN, FULL TURN, MAMBO FORWARD

- 1&2 1/2 turn over left shoulder stepping forward on left, 1/2 turn left stepping back on right, 1/2 turn left stepping forward on left
- 3&4 Rock forward on right, recover onto left, step right next to left
- 5&6 Point left to left side, on ball of right turn <sup>3</sup>/<sub>4</sub> turn left, point left to left side
- 7-8 Roll hips to the left, twice, ending with weight on left

Your legs should be hip width apart at this stage

# DIAGONAL SHOULDER THRUSTS, ¼ TURNING HIP ROLLS, KICK & CROSS

- Moving weight onto right foot, bending your knee (so you're leaning over your right foot), 1 thrust right shoulder up while dropping your left shoulder, at the same time your left hip should automatically bump to the left
- & Return to normal standing position
- 2 Repeat shoulder thrust to the right as above
- 3 Move weight onto left foot, bending your knee (this time leaning over your left foot), thrust left shoulder up while dropping your right shoulder
- 4 Repeat shoulder thrust to the right
- 5-6 Roll hips to the left twice, making a 1/4 turn left
- 7&8 Kick right foot diagonally forward right, step right next to left, cross right over left

# REPEAT





**Mur:** 4