

Disco Fever

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Ben Summerell (AUS)

Musique: Let's Dance - Five

1&2-3&4 Push hips right, left, right, push hips left, right, left

Optional hand moves for hips - roll arms in a disco motion

5&6-7&8 Side shuffle right (right, left, right), side shuffle left (left, right, left)

1&2-3&4 Push hips right, left, right, push hips left, right, left

Optional hand moves for hips - roll arms in a disco motion

5&6-7-8 Forward shuffle right (right, left, right), step left forward, ½ turn right stepping right forward

1&2-3&4 Push hips left, right, left, push hips right, left, right

Optional hand moves for hips - roll arms in a disco motion

5&6-7-8 Forward shuffle left (left, right, left), step right forward, ½ turn left stepping left forward

1-2-3-4 Step right forward, step left in place, rock back on right, step left in place

5-6-7-8 Cross/step left over right, cross/step right over left, step right forward, ¼ turn left stepping left in place

REPEAT

TAG

When dancing to "Let's Dance" by Five, before starting walls 1, 2, 4 and 8. The dance starts with the bridge when the songs starts "If you wanna dance". All other bridges are on "Music is my life"

FULL BODY ROLL (1-4), FULL BODY ROLL (5-8)

1&2-3&4 Forward coaster step (right, left, right), back coaster step (left, right, left)

5-6-7-8 Walk 4 steps forward with attitude (right, left, right, left)