

Day One

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Shanon Dickson (AUS)

Musique: What a Beautiful Day - Chris Cagle



1&2	Rock left to side, recover to right, cross left over right
3-4	Step right back, turn ½ left and step left forward
5&6	Step right forward, turn ½ left, step right forward
7-8	Step left to side, turn ½ right and step right to side
1&2	Cross left over right, step right to side, cross left over right
3-4	Rock right to side, recover to left
5&6	Cross right behind left, turn ¼ left and step left forward, step right forward
7-8	Rock left forward, recover to right
1&2	Rock left behind right, recover to right, step left to side
3-4	Touch right toe back, turn ½ right (weight to right)
5&6	Turn ¼ right and step left back, turn ½ right and step right forward, step left forward
7-8	Cross/rock right over left, recover to left
1&2	Step right to side, step left together, step right to side
3&4	Kick left OVER right, step left to side, cross right over left
5-6	Unwind ½ left (weight to right), step left forward
7&8	Cross right behind left, step left to side, step right to side
1-2	Step left forward, turn ¼ right (weight to right)
3&4	Rock left forward, recover to right, turn ½ left and step left forward
5&6	Step right forward, turn ¼ left (weight to left), cross right over left
7&8	Step left to side and bump hips left, bump hips right, bump hips left
1-2	Rock right forward, recover to left
&3-4	Step right together, rock left back, recover to right
5-6	Rock left to side, recover to right
&7-8	Step left together, touch right toe to side, step right together

REPEAT

On the 3rd and 6th repetition, dance only the first 16 counts (replacing counts 7-8) with the following:

7-8 Step left forward, turn ¼ right (weight to right)

Then restart the dance in the new direction