Cuban Conga



Compte: 0 Mur: 1 Niveau: Improver contra dance

Chorégraphe: Rob Fowler (ES)

Musique: Cuban Pete - Glenn Rogers



Sequence: ABAC ABAC ABAC

PART A

ROCK, RECOVER, SIDE SHUFFLE TWICE

1-2 Rock left over right, recover (clap left hand with person opposite)

3&4 Left to the left, right next to left, left to left

5-6 Rock right over left, recover, (clap right hand with person opposite)

7&8 Step right to the right, left next to right, step right to right

STEP PIVOT ½ TURN, LEFT SHUFFLE FORWARD &, ROCK AND LEFT COASTER STEP

Step forward left, make ½ turn right, weight forward onto right
Step left forward, step right next to left, step left forward
Step right next to left, step forward left, rock back onto right
Step left back, step right next to left, step left forward

PART B

ROCK, RECOVER, SIDE SHUFFLE TWICE

1-2 Rock right over left, recover (clap right hand with person opposite)
3&4 Step right to the right, left next to right, step right to the right
5-6 Rock left over right, recover, (clap left hand with person opposite)

7&8 Step left to the left, right next to left, step left to left

STEP PIVOT ½ TURN, RIGHT SHUFFLE FORWARD &, ROCK AND RIGHT COASTER STEP

1-2 Step forward right, make ½ turn left, weight forward onto left
3&4 Step right forward, step left next to right, step right forward
&5-6 Step left next to right, step forward right, rock back onto left
7&8 Step right back, step left next to right, step right forward

SIDE ROCK, CROSS SHUFFLES TWICE

1-2 Rock left to left side, recover on right

3&4 Cross left over right, step right to right side and cross left across right

5-6 Rock right to right side, recover weight onto left

7&8 Cross right over left, step left to left side, and cross right over left

ROCK STEP 1/2 TURNING SHUFFLE, ROCK AND COASTER

1-2 Rock forward onto left, recover weight onto right

3&4 Step left ¼ turn to left, step right next to left, step left ¼ turn to left

5-6 Rock forward onto right, recover weight onto left

7&8 Step back on right, step left next to right step forward on right

SIDE ROCK, CROSS SHUFFLES TWICE

1-2 Rock left to left side, recover on right

3&4 Cross left over right, step right to right side and cross left across right

5-6 Rock right to right side, recover weight onto left

7&8 Cross right over left, step left to left side, and cross right over left

ROCK STEP ½ TURNING SHUFFLE, ROCK AND COASTER

1-2	Rock forward onto left, recover weight onto right
3&4	Step left ¼ turn to left, step right next to left, step left ¼ turn to left
5-6	Rock forward onto right, recover weight onto left
7&8	Step back on right, step left next to right step forward on right

PART C

"Like the birdie dance" walk round in a circle holding the hand of the person opposite WALKING TO THE RIGHT

1-4	Walk right, left right, kick left to left side
5-8	Walk left, right, left, kick right to right side
9-12	Walk right, left right, kick left to left side
13-16	Left shuffle forward, ½ turn shuffle right

WALK TO THE LEFT

1-4	Walk left, right, left, kick right to right side
5-8	Walk right, left right, kick left to left side
9-12	Walk left, right, left, kick right to right side
13-16	Right shuffle forward, left shuffle back (turning into center to face partner - ready to start again)