Dance All Night

Compte: 32

Niveau: Improver

Chorégraphe: Roy Hadisubroto (IRE)

Musique: All Nite (Don't Stop) - Janet Jackson

AND STEP, STEP, RONDE, TWIST, POP KNEE, TWIST, POP KNEE	
&	Step left next to right (facing 12:00)
<u> </u>	Step right forward (12:00)
2	Step left forward (12:00)
3-4	Ronde right from back to front
&	Twist both heels to the right
5	Twist both heels back to center
&	Bend right knee forward, weight is transferring forward (optional: right shoulder pushing forward)
6	Put right heel down (optional: right shoulder down)
&	Twist both heels to the right (stand on ball of the feet)
7	Twist both heels back to center
&	Bend right knee forward, weight is transferring forward (optional: right shoulder pushing forward)
8	Put right heel down (optional: right shoulder down)
TOUCH, ½ TURN, ¼ TURN, WIDE STEP, TRIPLE, WIDE STEP ¼ TURN, TRIPLE, ¼ TURN, WIDE STEP, TRIPLE	
1	Touch right backwards (6:00)
2	Turn $\frac{1}{2}$ to the right (facing 6:00) on both feet while putting weight on right
2 3	
	Turn $\frac{1}{2}$ to the right (facing 6:00) on both feet while putting weight on right
3	Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00)
3 4	Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00) Step right next to left
3 4 &	Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00) Step right next to left Step left next to right
3 4 & 5	Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00) Step right next to left Step left next to right Step right widely diagonally forward to right side and turn ¼ to the left (facing 6:00)
3 4 & 5 6	 Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00) Step right next to left Step left next to right Step right widely diagonally forward to right side and turn ¼ to the left (facing 6:00) Step left next to right
3 4 & 5 6 &	Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00) Step right next to left Step left next to right Step right widely diagonally forward to right side and turn ¼ to the left (facing 6:00) Step left next to right Step right next to left
3 4 & 5 6 & 7	Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00) Step right next to left Step left next to right Step right widely diagonally forward to right side and turn ¼ to the left (facing 6:00) Step left next to right Step right next to left Turn ¼ to the left and step left widely diagonally forward (facing 3:00)
3 4 & 5 6 & 7 8 &	 Turn ½ to the right (facing 6:00) on both feet while putting weight on right Turn ¼ further to the right and step left widely to left side (facing 9:00) Step right next to left Step left next to right Step right widely diagonally forward to right side and turn ¼ to the left (facing 6:00) Step right next to left Step right next to left Turn ¼ to the left and step left widely diagonally forward (facing 3:00) Step right next to left

STEP, STEP, TAP, STEP, STEP, STEP, TAP, STEP

- 1 Step right forward (3:00)
- 2 Step left forward (3:00)
- 3 Tap right forward (3:00)
- & Raise right knee
- 4 Step right forward (3:00)
- 5 Step left forward (3:00)
- 6 Step right forward (3:00)
- 7 Tap left forward (3:00)
- & Raise left knee
- 8 Step left forward (3:00)

Arm movements: straight your arms down next to your body. Hands are flexed and shake as if you are washing the floor

Optional: every time, when you step forward, raise your knee and contract your body so you bend forward a little bit





Mur: 4

ROCK STEP, ROCK STEP, STEP, KNEE ROLLS WITH $\ensuremath{^{/}_{\!\!\!\!2}}$ TURN

- 1 Rock right forward and twist body to the left (right shoulder to the front) (facing 12:00)
- 2 Step right next to left and body is facing forward (facing 3:00)
- 3 Rock left forward and twist body to the right (left shoulder to the front) (facing 6:00)
- 4 Step left next to right and body is facing forward (facing 3:00)
- 5 Step right forward (3:00) put weight on right
- 6 Roll left knee out to the left as you start with the ½ turn to the left (facing 3:00)
- 7 Roll left knee out to the left (you are now ¼ turned to the left) (facing 12:00)
- 8 Roll left knee out to the left and finish the ½ turn. (facing 9:00)

REPEAT