Cows*** On My Boots



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Ulla Jespersen (DK)

Musique: Jeg er En Simpel Røgter - Totalpetroleum



FORWARD, HEEL, TOE, KICK BALL CHANGE TWICE

1-2	Forward	riaht.	left

3-4 Touch right heel forward, step right foot together5-6 Touch left toe backwards, step left foot together

7&8 Kick right foot forward, step together, change weight to left foot

9-16 Repeat 1-8

POINT, STEP/POINT, STEP/HEEL, STEP/TOUCH BACK, SHUFFLE, ROCK STEP TWICE

1 Touch right foot to right side

Step right foot next to left foot and touch left foot to left side
Step left foot next to right foot and touch right heel forward
Step right foot next to left foot and touch left foot back

5&6 Shuffle back left, right, left

7-8 Step (rock) back on right, recover on left

9-12 Repeat 1-4

13&14 Shuffle forward left, right, left

15&16 Step (rock) forward on right, recover on left

SIDE ROCK, CROSS-SHUFFLE TWICE

1-2 Step right on right, recover on left

3&4 Cross right over left, step left to left, cross right over left

5-6 Step left on left, recover on right

7&8 Cross left over right, step right to right, cross left over right

STEP. PIVOT. SHUFFLE TWICE

1-2	Step forward on right, pivot left
3&4	Shuffle forward right, left, right
5-6	Step forward on left, pivot right
7&8	Shuffle forward left, right, left

HEEL-HOOK, HEEL-SWITCHES

1&2 Right heel forward, hook right leg across left leg, right heel forward

& Step right foot next to left

3&4 Left heel forward, hook left leg across right leg, left heel forward

& Step left foot next to right

5&6 Right heel forward, step next to left, left heel forward

&7-8 Step left next to right and right heel forward, flick right foot up and out, snap fingers on boot

4 SHUFFLE'S MAKING A ¾ TURN

1&2	Shuffle right, left, right while making 1/4 turn to the right
3&4	Shuffle left, right, left while making ¼ turn to the right
5&6	Shuffle right left right while turning slightly to the right

REPEAT

On 3, wall ignore the change in the music and carry on

TAG

On 4, wall skip counts 17-32 and go straight to 33 Side rock, cross-shuffles

And so on