

# Country Macareena

**COPPER** KNOB  
STEPSHEETS

**Compte:** 16

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Dennis Foley (AUS) & Verity Mills (AUS)

**Musique:** Macarena - The GrooveGrass Boyz



**Do the normal Macarena with the following "Country Dance Choreography and Attitude"**

**Through out dance "grind" hips in a figure 8 action**

1&2&            Left forward and to the left, right forward and to the right

**Dance the last four beats as follows**

1&2&            Grind hips twice (left, then right)

3                With head tilted forward, barrel roll hands three times

&                Jump turning  $\frac{1}{4}$  left on the spot

4&               Land with head back and thumbs up, and shout "hey"

**REPEAT**