# A Country Mile



Compte: 64 Mur: 4 Niveau:

Chorégraphe: Lorraine Deering (AUS)

Musique: Walk A Country Mile - Craig Giles



#### This dance differs only slightly from "Honey, You're My Hero" by Linda Pink

#### VINE RIGHT & TOGETHER, TWIST, CENTER, TWIST, CENTER

| 1-2 | Vine: step right to the side, step left be | ehind riaht |
|-----|--|-------------|
|-----|--|-------------|

3-4 Step right to the side, step left together

Twist both heels to the right, twist both heels to the center
Twist both heels to the right, twist both heels to the center

#### VINE LEFT & TOGETHER, TWIST, CENTER, TWIST, CENTER

| 1-2 Vine | : step left to the side | , step right behind left |
|----------|-------------------------|--------------------------|
|----------|-------------------------|--------------------------|

3-4 Step left to the side, step right together

Twist both heels to the left, twist both heels to the center
Twist both heels to the left, twist both heels to the center

#### BACK, CLAP, BACK, CLAP, BACK, CLAP, BACK, CLAP

1-2 Step right back, clap
3-4 Step left back, clap
5-6 Step right back, clap
7-8 Step left back, clap

### FORWARD, LOCK, FORWARD, SCUFF, FORWARD, LOCK, FORWARD, SCUFF

1-2 Step right forward, lock left behind right
3-4 Step right forward, scuff left forward
5-6 Step left forward, lock right behind left
7-8 Step left forward, scuff right forward

#### FORWARD, HOLD, 1/2 TURN, HOLD, FORWARD, LOCK, FORWARD, SCUFF

1-2 Step right forward, hold

3-4 Turn ½ turn left take weight onto left, hold
5-6 Step right forward, lock left behind right
7-8 Step right forward, scuff left forward

#### FORWARD, LOCK, FORWARD, SCUFF, FORWARD, HOLD, ½ TURN, HOLD

1-2 Step left forward, lock right behind left3-4 Step left forward, scuff right forward

5-6 Step right forward, hold

7-8 Turn ½ turn left take weight onto left, hold

#### VINE RIGHT ½ TURN & HITCH, VINE LEFT & TOUCH

1-2 Step right to the side, step left behind right

3-4 Turn ¼ turn right step right forward, turn ¼ turn right hitch left

5-6 Step left to the side, step right behind left7-8 Step left to the side, touch right together

#### VINE RIGHT 1/4 TURN HITCH, FORWARD, LOCK, FORWARD, TOUCH

1-2 Step right to the side, step left behind right

3-4 Turn ¼ turn right step right forward, hitch left knee

5-6 Step left forward, lock right behind left7-8 Step left forward, touch right together

## **REPEAT**