

# Couple-A-Shakes

Compte: 64

Mur: 0

Niveau:

Chorégraphe: Sue Halliday (USA)

Musique: The Shake - Neal McCoy



## HEEL SWIVELS WITH HIP BUMPS

- 1-4 Bending knees slightly, swivel heels to the left while bumping hips to the left four times  
5-8 With knees bent, swivel heels to the right, while bumping hips to the right four times

## DIAGONAL VINES, SCUFF

- 9 Step forward and diagonally to the left on left foot  
10 Step right foot behind left heel  
11 Step forward and diagonally to the left on left foot  
12 Scuff right foot forward  
13 Step forward and diagonally to the right on right foot  
14 Step left foot behind right heel  
15 Step forward and diagonally to the right on right foot  
16 Scuff left foot forward

## HEEL SWIVELS WITH HIP BUMPS

**The following four beats are done while slowly bending knees**

- 17-18 Swivel heels to the left and bump hips to the left twice  
19-20 Swivel heels to the right and bump hips to the right twice

**The following four beats are done while slowly straightening knees**

- 21-22 Swivel heels to the left and bump hips to the left twice  
23-24 Swivel heels to the right and bump hips to the right twice

## SHUFFLE FORWARD

- 25&26 Shuffle forward, left-right-left  
27&28 Shuffle forward, right-left-right  
29-32 Repeat counts 25-28

## CROSS STEPS, HOLD

- 33 Cross left foot over right and step  
34 Hold  
35 Cross right foot over left and step  
36 Hold  
37-40 Repeat counts 33-36

## TO THE RIGHT MILITARY PIVOTS, JAZZ SQUARE

**Release left hands and raise right hands**

- 41 Step forward on left foot  
42 Pivot ½ turn to the right on ball of left foot and shift weight to right foot  
43-44 Repeat counts 41 & 42

**Rejoin left hands returning to right side-by-side position facing LOD**

- 45 Cross left foot over right and step  
46 Step back onto right foot in place  
47 Step slightly to the left on left foot  
48 Step right foot next to left

## SIDE STEP-SLIDES, STEP TOUCHES

- 49 Step to the left on left foot

- 50 Slide right foot over next to left and step
- 51 Step to the left on left foot
- 52 Touch right toe next to left foot
- 53 Step to the right on right foot
- 54 Slide left foot over next to right and step
- 55 Step to the right on right foot
- 56 Touch left toe next to right foot

**TO THE RIGHT MILITARY PIVOTS, STOMPS, HIP BUMPS WITH HEEL SWIVELS**

**Release left hands and raise right hand**

- 57 Step forward on left foot
- 58 Pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot
- 59-60 Repeat counts 57-58

**Rejoin left hands returning to right side-by-side position facing LOD**

- 61 Stomp left foot next to right
- 62 Stomp right foot next to left
- 63 Swivel heels to the right while bumping hips to the right
- 64 Swivel heels to the left while bumping hips to the left

**REPEAT**

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