Carlos & Me



Compte: 96 Mur: 4 Niveau: Intermediate

Chorégraphe: Vickie Schermbeck Normile (USA)

Musique: Smooth (feat. Rob Thomas) - Santana



MAMBO STEPS STARTING ON RIGHT

1-2 Rock forward on right; recover left3-4 Rock back on right, recover left

5-8 Repeat 1-4

The left foot barely lifts off of the floor.

STRUT WIGGLE STEPS STARTING ON RIGHT

Step slightly forward on right while wiggling hipsStep slightly forward on left while wiggling hips

5-8 Repeat 1-4

8 COUNT VINE TO THE RIGHT

Step to right on right, step left behind right, step right on right
 Step left in front of right, step to right on right, step left behind right

7-8 Step right on right, touch left beside right.

8 COUNT VINE TO THE LEFT

1-3 Step to left on left, step right behind left, step left on left

4-6 Step right in front of left, step to left on left, step right behind left

7-8 Step left on left, touch right beside left.

STRUT WIGGLE STEPS GOING BACK

1&2 Step slightly back on right while wiggling hips3&4 Step slightly back on left while wiggling hips

5-8 Repeat 1-4

RIGHT GRAPEVINE, LEFT GRAPEVINE

1-8 Right grapevine, left grapevine

BUMP HIPS TWICE TO RIGHT; TWICE TO LEFT, TWO BODY ROLLS

1-4 Bump hips twice to right; twice to left

5-8 Two body rolls

WALK FORWARD 2 STEPS; FULL TURN; WALK FORWARD 2 STEPS; 2 KICKS

1-2 Step forward on right, step forward on left
3 Step on right while spinning full turn left
4-5 Step down on left, step forward on right
6-8 Step forward on left, kick right foot twice

WALK BACK 2 STEPS; FULL TURN; WALK BACK 2 STEPS; TOUCH RIGHT FOOT NEXT TO LEFT; HOLD 1 COUNT

1-2 Step back on right, step back on left

3-4 Step on right while spinning a full turn left, step down on left

5-6 Step back on right, step back on left

7-8 Touch right foot next to left, hold one count

2 SEXY SIDE STEPS FORWARD STARTING ON RIGHT

1-4	Two sexy side steps forward starting on right
5-6	Rock forward on right; back on left

7-8 Turning ¼ to the right; rock on right, recover left

3 TRIPLE STEPS FORWARD, ½ PIVOT TURN

1&2 Right, left, right3&4 Left, right, left5&6 Right, left, right

7-8 Step forward on left and pivot ½ turn to the right

3 TRIPLE STEPS FORWARD, ½ PIVOT TURN

1&2 Left, right, left3&4 Right, left, right5&6 Left, right, left

7-8 Step forward on right and pivot ½ turning to the left

REPEAT