

Castaway

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Carol Hick (UK) & Sheila Vee (UK)

Musique: The Underground Man - Glen Mitchell



KICK TWICE RIGHT, SAILOR STEP, KICK CROSS LEFT TWICE, UNWIND

- 1-2 Kick right foot forward diagonally twice
- 3 Cross right foot behind left
- & Step left to left
- 4 Step right beside left
- 5 Kick left foot forward diagonally
- 6 Cross over right and touch
- 7 Kick left foot forward diagonally
- 8 Cross over right and touch
- 9 With weight evenly distributed on both feet, unwind ½ turn to the right
- 10 Hold

KICK TWICE RIGHT, SAILOR STEP, KICK CROSS LEFT TWICE, UNWIND

- 11-12 Kick right foot forward diagonally twice
- 13 Cross right foot behind left
- & Step left to left
- 14 Step right beside left
- 15 Kick left foot forward diagonally
- 16 Cross over right and touch
- 17 Kick left foot forward diagonally
- 18 Cross over right and touch
- 19 With weight evenly distributed on both feet, unwind ½ turn to the right
- 20 Hold

SWIVEL RIGHT

- 21 Swivel both heels right
- 22 Swivel both toes right
- 23 Swivel both heels right
- 24 Pivot ¼ turn to the right on left foot, while kicking right foot forward

SHUFFLE ROCK, ½ TURN, SHUFFLE ROCK

- 25&26 Right shuffle backwards-right, left, right
- 27 Rock back on left
- 28 Rock forward on right
- 29&30 Turning ½ turn to the right on ball of right foot, travel backwards into left shuffle-left, right, left
- 31 Rock back on right
- 32 Rock forward on left

REPEAT