### **Bump Bump Bump**



Compte: 0 Mur: 4 Niveau: Intermediate hip hop

Chorégraphe: Heidi Angelika Scott (NOR)

Musique: Bump, Bump, Bump (feat. P. Diddy) - B2K



Sequence: A, B, A, B, A, B, B, B, B, B

#### PART A

# RIGHT WEAVE, ROCK RECOVER, 1/4 TURN SAILOR STEP 1-2 Step right to the right, cross left behind right

&3 Step right to the right, cross left in front of right &4 Step right to the right, step left behind the right

Rock right to the right, recover on leftRight sailor step with ¼ turn right

#### LEFT WEAVE, ROCK RECOVER, 1/4 TURN SAILOR STEP

1-2 Step left to the left, cross right behind left &3 Step left to the left, cross right in front of left &4 Step left to the left, cross right behind left 5-6 Rock left to the left, recover on right Left sailor step with ¼ turn left

#### RIGHT KICK BALL CHANGE, COASTER STEPS FORWARD AND BACK, 1/4 TURN SWEEP

1&2 Right kick ball change
3&4 Right coaster step forward
5&6 Left coaster step behind

7-8 Sweep right leg ¼ turn to the left, touch right leg next to left

#### QUICK ROCK- RECOVERS RIGHT & LEFT, STEP, ½ PIVOT LEFT, RIGHT CHASSE

Rock right quickly to the right, recover on the left, step right leg next to left Rock left quickly to the left, recover on the right, step left leg next to right

5-6 Step forward on right, pivot ½ turn left 7&8 Chasse to the right, right, left, right

### LEFT VINE, 2X SLOW 1/4 PADDLE TURNS LEFT

1-4 Left grapevine (touch right to close)

Rock right to the right, recover on left in ¼ turn to left 7-8

Rock right to the right, recover on left in ¼ turn to left

#### RIGHT VINE, 2X SLOW 1/4 PADDLE TURNS RIGHT

1-4 Right grapevine (touch left to close)

Rock left to the left, recover on right in ¼ turn right 7-8

Rock left to the left, recover on right in ¼ turn right

#### ROCK-RECOVER, ½ SHUFFLE TURN LEFT, ROCK-RECOVER, ½ SHUFFLE TURN RIGHT

1-2 Rock forward on left, recover on right

3&4 ½ left shuffle turn

5-6 Rock forward on right, recover on left

7&8 ½ right shuffle turn

#### LEFT TAP-STEP, RIGHT TAP-STEP, SWIVEL HEELS, TOES, HEELS, TOES, HEELS, HOLD & CLAP

1-2 Tap left toe to the left, step left down on the diagonal

3-4 Tap right toe to the right, step right down on the diagonal

5&6& Swivel heels, toes, heels, toes in to center 7-8 Swivel heels in to center, hold and clap

#### PART B

# STEP FORWARD, TOUCH, STEP BACK, TOUCH, STEP BACK, TOUCH, STEP FORWARD, BUMP HIPS FORWARD, BACK, FORWARD

1-2 Step right forward, touch left to close
3-4 Step left back, touch right to close
5-6 Step right back, touch left to close

7 Step left forward

8&1 Bump hips forward, back, forward

#### HOLD & CLAP, RIGHT & LEFT SAILOR STEPS, RIGHT SHUFFLE FORWARD

2 Hold and clap 3&4 Right sailor step 5&6 Left sailor step

7&8 Right shuffle forward, right, left, right

## STEP, PIVOT ½ RIGHT, LEFT SHUFFLE, STEP RIGHT BACK, TOUCH LEFT, STEP FORWARD, BUMP HIPS FORWARD, BACK, FORWARD

1-2 Step forward on left, pivot ½ turn to the right

3-4 Left shuffle forward, left, right, left5-6 Walk back on right, touch left to close

7 Step left forward

8&1 Bump hips forward, back, forward

#### HOLD & CLAP, RIGHT CHASSE, LEFT SHUFFLE TURN TO THE LEFT, RIGHT ROCK-RECOVER, TOUCH

2 Hold and clap

Right chasse, right, left, right 5&6 ½ shuffle turn left, left, right, left

7&8 Rock right quickly to the right, recover on left, touch right to close