

Burn Out

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Dave Fife (UK) & Kath Fife (UK)

Musique: Baila - Jennifer Lopez



KICK BALL BACK, KICK BALL BACK, ROLLING VINE RIGHT

- 1&2 Kick right forward, step back on ball of foot, step back on left
- 3&4 Repeat counts 1&2
- 5-8 Full turn to right over right shoulder stepping on right, left, right, touch left next to right

KICK BALL BACK, KICK BALL BACK, ROLLING VINE LEFT

- 1&2 Kick left forward, step back on ball of foot, step back on right
- 3&4 Repeat counts 1&2
- 5-8 Full turn to left over left shoulder stepping on left right, left, touch right next to left

RIGHT& LEFT SHUFFLE FORWARD, ROCK RECOVER, FULL TURN OVER RIGHT SHOULDER

- 1&2 Step forward on right, close left to right, step forward on right
- 3&4 Step forward on right, close right to left, step forward on left
- 5-6 Rock forward on right, rock back on left
- 7-8 Step back on right making ½ turn over right shoulder, step forward on left making ½ turn continuing to turn right

RIGHT & LEFT SHUFFLE BACK ROCK RECOVER, FULL TURN OVER LEFT SHOULDER

- 1&2 Step forward on left, close right to left, step forward on left
- 3&4 Step forward on left, close left to right, step forward on right
- 5-6 Rock forward on left, rock back on right
- 7-8 Step back on left making ½ turn over left shoulder, step forward on right making ½ turn continuing to turn left

FORWARD KICK, WALK BACK BALL CHANGE WALK

- 1-4 Walk forward on right, left, right, kick left foot 45 degrees forward
- 5-7 Step back on left, right, left
- &8 Step back on right foot and step forward on left foot

BOX STEP WITH ¼ TURN RIGHT, KNEE POPS

- 1-4 Cross right over left, step left foot straight back, step right foot ¼ to right, step left foot slightly to side of right
- 5 Bend right knee in towards left, keeping left leg straight
- 6 Straighten right leg & bend left knee in towards right
- 7 Straighten left leg & bend right knee in towards left
- & Straighten right leg & bend left knee in towards right
- 8 Straight left leg & bend right knee in towards left

REPEAT