C'est La Vie



Compte: 64 Mur: 2 Niveau: Intermediate

Chorégraphe: Rick Bates (USA) & Deborah Bates (USA)

Musique: Rockin' Robin - Bryan White



BACK, CLAPS

1-2	Step back on right foot; raise hands up and diagonally to the right about eye level and clap
3-4	Step back on left foot; lower hands down and diagonally to the left about hip level and clap
5-6	Step back on right foot; raise hands up and diagonally to the right about eye level and clap
7-8	Step back on left foot; lower hands down and diagonally to the left about hip level and clap

FORWARD SHUFFLES, MILITARY PIVOT TO THE LEFT, STOMPS

9&10	Shuffle forward (right, left, right)
11&12	Shuffle forward (left, right, left)
13-14	Step forward on right foot; pivot ½ turn to the left on right foot and shift weight to left foot
15-16	Stomp forward on right foot; stomp left foot next to right

RIGHT FOOT SWIVEL, LEFT FOOT SWIVEL

17-18	Keeping left foot in place, swivel right heel to the right; swivel right toe to the right
19-20	Swivel right heel to the right; swivel right toe to the right and shift weight to the right foot
21-22	Keeping right foot in place, swivel left heel to the right, swivel left toe to the right
23-24	Swivel left heel to the right; swivel left toe to the right and shift weight to left foot

HEEL HOOK PIVOT, FORWARD SHUFFLE, ROCK STEP, TURNING SHUFFLE

25-26	I ouch right heel forward and diagonally to the right; pivot ¼ turn to the right on ball of left foot and hook right foot across left shin
27&28	Shuffle forward (right, left, right)
29-30	Step forward on left foot; rock back onto right foot
31&32	Shuffle in place (left, right, left) making a ½ turn to the left with these steps

TOE TOUCHES, FOOT SLAPS, PIVOT STEP, TOE TOUCH, FOOT SLAP

33-34	Touch right toe to the right; cross right foot up and behind left leg and slap right foot with left hand
35-36	Touch right toe to the right; cross right foot up and in front on left leg and slap right foot with left hand
37-38	Bend right knee, bringing right foot up and to the right, slap with right hand; pivot ¼ turn to the right on ball of left foot and step right foot next to left
39-40	Touch left toe to the left; cross left foot up behind right leg and slap left foot with right hand

ROLLING TURN TO THE LEFT, SCUFF, TURNING JAZZ SQUARE, SCUFF

41-42	Step to the left on left foot and begin a full rolling turn to the left traveling to the left; step on
	right foot and continue full rolling turn to the left
43-44	Step on left foot and complete full rolling turn to the left; scuff right foot next to left
45-46	Cross right foot over left and step; step back on left foot
47-48	Step a ¼ turn to the right on right foot; scuff left foot next to right

SIDE SHUFFLE LEFT, ROCK STEP, ROCKING CHAIR

49&50	Shuffle to the left (left, right, left)
51-52	Step back on right foot; rock forward onto left foot
53-54	Step forward on right foot; rock back onto left foot
55-56	Step back on right foot; rock forward onto left foot

SIDE SHUFFLE RIGHT, PIVOTING ROCK STEP, FORWARD SHUFFLE, ROCK STEP

57&58 Shuffle to the right (right, left, right)

59-60 Pivot ¼ turn to the left on ball of right foot and step back on left foot; rock forward onto right

foot

Shuffle forward (left, right, left)

Step forward on right foot; rock back onto left foot

REPEAT