

# Cabin Fever

Compte: 52

Mur: 2

Niveau:



Chorégraphe: Tania Armstrong

Musique: Cabin Fever - James Blundell

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## TOE HEEL STRUTS FORWARD

1-8 Step toe of right foot forward, drop heel to the ground. Step toe of left foot forward, drop heel to the ground. Repeat

## STEP-PIVOTS

1-4 Step right foot forward, pivot  $\frac{1}{2}$  turn to the left, step right foot forward again, pivot  $\frac{1}{2}$  turn to the left

## SHUFFLE TURN

5&6 Shuffle forward left-right-left turning  $\frac{1}{2}$  turn to the right on the right foot

7-8 Step back on the right foot, rock forward on the left foot

## TOE HEEL STRUTS FORWARD

1-8 Step right toe forward, drop heel, step left toe forward, drop heel, repeat

## STEP, PIVOT

1-2 Step right foot forward, pivot  $\frac{1}{2}$  turn to the left

3&4 Shuffle to the right, left-right-left turning  $\frac{1}{2}$  turn to the right on the right foot

5&6 Shuffle to the left, left-right-left

7-8 Step back on the right foot, rock forward on the left foot

9-16 Repeat

1-4 Shimmy to the right & clap

5-8 Shimmy to the left & clap

9&10 Shuffle backwards, right-left-right turning  $180^\circ$  to the left on the right foot

11&12 Shuffle forward left-right-left

## REPEAT

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