Cajun Mambo Walk

Niveau: Beginner

Chorégraphe: Max Perry (USA)

Compte: 32

Musique: Rodeo Queen - Jennifer Raynor

FORWARD AND BACK MAMBO STEPS

1&2 Step forward left & recover weight to right in place, step together left

Mur: 4

3&4 Step back right & recover weight to left in place, step together right

SIDE TO SIDE MAMBO STEPS

- 5&6 Side step left & step right in place, step together left
- 7&8 Side step right & step left in place, step together right

STEP-PIVOT- ROCK- TOGETHER

- 9 Step forward on left and pivot ¹/₂ turn to the right
- & Rock onto right in place
- 10 Step left next to right
- 11 Step forward on right and pivot ¹/₂ turn to the left
- & Rock onto left in place
- 12 Step right next to left

FORWARD 2-STEP TURN, ROCK, HOME, KICK, HITCH

- 13 Step forward on left and pivot ½ turn to the right
- & Step back on right and pivot ¹/₂ turn to the right
- 14 Step left next to right
- 15 Rock step back on right
- & Rock forward onto left
- 16 Kick right foot forward
- & Hitch right knee up

SIDE SHUFFLE RIGHT & TOGETHER LEFT, SYNCOPATED HEEL TWISTS

- 17 Step to right on right
- & Step left next to right
- 18 Step to right on right
- & Step left next to right
- 19 Step slightly to right on right

Feet are now only slightly apart

- & Twist heels to the left
- 20 Twist heels to the center

SIDE SHUFFLE LEFT & TOGETHER RIGHT, SYNCOPATED HEEL TWISTS

- 21 Step to left on left
- & Step right next to left
- 22 Step to left on left
- & Step right next to left
- 23 Step slightly to left on left

Feet are now only slightly apart

- & Twist heels to the right
- 24 Twist heels to the left

KICK, OUT-OUT, HEEL-TOE SWIVELS



- 25 Kick right foot forward
- & Step slightly to right on right
- 26 Step slightly, to left on left
- 27 With weight on balls of feet, swivel heels in
- & With weight on heels, swivel toes in
- 28 With weight on balls of feet, swivel heels in

Feet should now be together

PADDLE TURNS TO THE RIGHT

- 29 Rock step forward on right foot turning the toes out
- & Rock back onto left and pivot ¼ turn right
- 30 Rock step forward on right foot turning the toes out
- & Rock back onto left and pivot ¼ turn right
- 31 Rock step forward on right foot turning the toes out
- & Rock back onto left and pivot ¼ turn right
- 32 Step forward on right foot

Left foot stays in place during last seven counts

REPEAT