Breakin & Shakin



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Levi J. Hubbard (USA)

Musique: Break Me Shake Me - Enrique Iglesias



KICK ACROSS TRIPLE STEPS, KICK ACROSS TRIPLE STEPS

Kick right diagonally across left legKick right diagonally across left leg

Step right together
Step left in place
Step right in place

Kick left diagonally across right legKick left diagonally across right leg

7 Step left together
& Step right in place
8 Step left in place

CROSS STEP, SIDE POINT, BEHIND & CROSS, SIDE ROCK WITH HIP BUMPS, RECOVER, BEHIND & CROSS

9 Cross step right in front of left
10 Touch left toe out to side
11 Cross step left behind of right
& Step right slightly to side
12 Cross step left in front of right

13 Step right slightly out to side while bumping right hip to side

& Bump right hip to side again

14 Bump hip to right

& Shift weight back to left foot
15 Cross step right behind left
& Step left slightly to side

16 Cross step right in front of left

BALL STEP, 1/4 PIVOT (RIGHT), SHUFFLE FORWARD, STEP TOUCH

17 Step left to side (mainly on ball of foot)

Pivot ¼ turn right on (balls of) both feet, dipping body down with turn and popping right knee

forward

19&20 Triple step forward stepping (left-right-left)

21 Step right forward

22 Touch left together popping knee forward with clap or snap

23 Turning ½ turn left, step left forward

24 Touch together popping knee forward while clap or snap right

HOP FORWARD, CLAP, HOP BACKWARD, CLAP, SYNCOPATED HOPS FORWARD AND BACKWARD

&25 Hop forward right then left

26 Hold while clapping hands or snapping

&27 Hop backward left then right

28 Hold while clapping hands or snapping

&29 Hop forward right then left
&30 Hop backward left then right
&31 Hop forward right then left

&32 Hop backward left then right (weight ends on left)

Styling: on the syncopated hops put both arms in front of you palms down like you holding on to a rope or something and slightly bending your knees while hopping

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