

Bud Slide

Compte: 40

Mur: 4

Niveau: Improver

Chorégraphe: Vickie Schermbeck Normile (USA)

Musique: Cryin' Game - Sara Evans



STEP SLIDES

- 1-2 Step forward on right foot, slide left foot next to right
- 3-4 Step forward on right foot, touch left foot next to right
- 5-6 Step forward on left foot, slide right foot next to right
- 7-8 Step forward on left foot, touch right foot next to right

STEP BACK 4 STEPS, ROLLING GRAPEVINE TO THE LEFT

- 9-12 Step back on right, step back on left, step back on right, touch left next to right
- 13-16 Step left on left turning to the left, step on right continuing to turn to the left, step on left completing the turn, touch right foot

You will have completed a full turn. Now facing original wall

KICK BALL CHANGES (2), STEPPING TURN TO THE LEFT

- 17&18 Kick right foot forward slightly, put weight on ball of right foot, change weight to left
- 19&20 Repeat 17&18
- 21-22 Step forward on right turning 1/8 to the left
- 23-24 Step forward on right turning 1/8 to the left

You will have made a ¼ turn to the left

KICK BALL CHANGES (2). ROCK STEP, TRIPLE WITH ½ TURN

- 25&26 Kick right foot forward slightly ; change weight to ball of right foot; change weight to left
- 27&28 Repeat 25&26
- 29-30 Rock forward on right foot, recover weight to left
- 31&32 Turning to the right for ½ turn: step right, left, right

ROCK STEPS, TRIPLE STEP WITH ½ TURN, BUMPS

- 33-34 Rock forward on left foot, recover weight to right
- 35&36 Turning to the left for ½ turn: stepping left, right, left
- 37-38 Stepping forward slightly on right foot, bump twice to the right
- 39-40 Bump twice to the left

REPEAT
