

# Bouncin Texas

Compte: 56

Mur: 0

Niveau:

Chorégraphe: Nicky Capper

Musique: Keep Your Hands to Yourself - Hank Williams, Jr.



## **RUNNING MAN STEP TURN STEP TURN**

- 1 Step forward on right foot
- & Slide right foot back and lift left leg up
- 2 Step forward on left foot
- & Slide left foot back and lift right leg up
- 3-4 Repeat steps 1-2
- 5 Step forward on right foot
- 6 Pivot a half turn to the left
- 7 Step forward on right foot
- 8 Pivot a half turn to the left

## **RUNNING MAN STEP TURN STEP TURN**

- 9 Step forward on right foot
- & Slide right foot back and lift left leg up
- 10 Step forward on left foot
- & Slide left foot back and lift right leg up
- 11-12 Repeat step 9-11
- 13 Step forward on right foot
- 14 Pivot a half turn to the left
- 15 Step forward on right foot
- 16 Pivot a half turn to the left

## **STAMP BODY ROLL CLICK RIGHT BEHIND FORWARD LEFT**

- 17-20 Stamp right foot forward and a forward body roll
- 21 Step right foot behind left
- 22 Pivot a half turn to the right
- 23 Step forward on left
- 24 Pivot a half turn the right

## **SHUFFLE,RIGHT SHUFFLE STEP TURN STEP TURN**

- 25 Step diagonally forward on left foot
- & Step right foot in place
- 26 Step diagonally forward on left
- & Touch right foot in place
- 27 Step diagonally forward on right
- & Step left foot in place
- 28 Step diagonally forward on right
- & Step left foot in place
- 29 Step forward on left foot
- 30 Pivot a half turn to the right
- 31 Step forward on left foot
- 32 Pivot a half turn to the right

## **MOVING HEEL CHANGES KICK BALL CHANGE,TURN**

- 33 Move right heel inwards and touch left toe out
- & Move right heel out and lift left leg up

- 34 Move right toe to the right and touch left to the side  
& Move right heel outwards and lift left leg up  
35 Move right toe to the right and touch left to the side  
& Move right heel outwards and lift left leg up  
36 Touch both feet in place leave weight on right  
37 Kick left foot forward  
& Touch left foot in place put weight on it  
38 Touch right toe to right side  
39 Cross right foot over left  
40 Unwind a full turn to the left

#### **STAMP HOLD SHUFFLE SWEEP TURN**

- 41 Step forward on right foot and click  
42-44 Hold position (weight on left foot)  
45 Step forward on right foot  
& Step left foot in place  
46 Step forward on right foot  
47-48 Sweep left foot in front of right and make a half turn

#### **SHUFFLE SWEEP TURN,CROSS TURN KNEE DROP**

- 49 Step forward on left foot  
& Step right foot in place  
50 Step forward on left foot  
51-52 Sweep right foot in front of left and make a 3 quarter turn  
53-54 Hold position (weight on left foot)  
55 Bend down on your left knee and drop your right knee to the floor  
56 Get back to original position

**REPEAT**

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