Body Language



Compte: 44 Mur: 4 Niveau: Improver

Chorégraphe: Scarlett Yates (USA)

Musique: Steam - Ty Herndon



KICK AND TOUCH, KICK AND TOUCH, CROSS, TURN, SLIDE

1&2 Kick right foot straight forward, bring right back to left while touching left toe to left side 3&4 Kick left foot straight forward, bring left back to right while touching right toe to right side

5-6-7&8 Cross right over left, full turn to right, long slide to right

KICK AND TOUCH, KICK AND TOUCH, CROSS, TURN, SLIDE

1-8 Repeat the previous 1-8, swapping all right for left and vice versa

PAUSE, SPREAD LEGS, BODY ROLL, ROGER RABBIT

1&2 Pause, step side right, step side left

3-4 Body roll

5-6-7&8 Roger Rabbit (swing right leg behind left, left behind right, right behind left and ½ turn to right)

TOOTSIE ROLL RIGHT, TOOTSIE ROLL LEFT, TOOTSIE ROLL BOTH, CROSS AND TURN

Feet should be slightly apart for counts 1-6

With weight on left foot, roll right knee in and then out to right side
With weight on right foot, roll left knee in and then out to left side
With weight on both feet, roll both knees inward and then out

7-8 Step right across left and turn ½ turn

SHOULDER DIPS, KICK, SHOULDER DIPS, KICK

Feet should be slightly apart and arms held loosely for these 8 counts

1-4 Dip shoulders right, left, right and kick left foot out to the left side5-8 Dip shoulders left, right, left and kick right foot out to the right side

CROSS, TURN

1-4 Cross right over left and turn 3/4 turn to second wall

REPEAT