

Be Happy

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Justine Shuttleworth (AUS)

Musique: Don't Worry Baby - The Beach Boys & Lorrie Morgan

- 1 Step a big step to the right
- 2 Drag left toe towards the right foot
- & Step left foot next to the right
- 3&4 Turn ¼ turn right and step forward right, step left next to right, step forward right
- & Turn ½ turn right on ball of right foot
- 5 Step back on left foot
- 6 Rock back on right foot
- 7 Step forward on left foot
- & Turn ½ turn left
- 8 Step back on right foot

- 1 Step back on left on a diagonal left (45 degrees)
- 2 Cross-step right over left foot
- & Step back left on a diagonal left (45 degrees)
- 3 Step back on right on a diagonal right
- 4 Cross-step left over right foot
- & Step back on a diagonal right
- 5 Step left foot to left side
- 6& Roll hips to the left (start from back left corner)
- 7 Roll should finish making ¼ turn left (weight on left)
- &8 Step right foot beside left, step forward on left

- 1&2 Step forward at 45 degrees right bumping hips forward, bump back, bump forward
- 3&4 Step forward at 45 degrees left bumping hips forward, bump back, bump forward
- 5&6 Step forward at 45 degrees right bumping hips forward, bump back, bump forward
- 7 Cross-rock left behind
- 8& Turning body to the left diagonal step forward right, step left beside right

- 1-5 Step forward on right foot (on diagonal), twist on balls of both feet ½ turn left to face opposite diagonal, twist back ½ turn right to original position, twist ½ turn left, step forward right on the diagonal and turn a further 45 degrees left
- & Spin on ball of right foot ½ turn left
- 6 Step back on left foot
- & Spin a further ½ turn left on ball of left foot
- 7-8 Rock right foot to right swinging hips right, rock left to left
- & Pivot on ball of left foot ½ turn left and scoot on left hitching right knee

REPEAT