Beep Beep



Compte: 16 Mur: 4 Niveau: Beginner

Chorégraphe: Carrie (Mustang) Groeschel (USA) & Holly Susan (Boots) Groeschel (USA)

Musique: Road Runner - Microwave Dave & The Nukes



Mustang was age 15 when she choreographed this dance. Boots is her mom.

KICK BALL CHANGE & STOMPS

Kick with the right foot forwardStep in place on right foot

2 Step in place on left foot (weight left)

3 Stomp right in place4 Stomp left in place

FIGURE FOUR

(Draw an imaginary line/like a figure 8)

1 Right foot & knee moves inward across left foot (toe downward)

2 Right foot & knee moves outward

3 Right foot & knee moves inward across left foot (toe downward)

4 Right foot & knee moves outward - place down shoulder width from left

BODY RIPPLE (SNAKE)

1 Roll body to the right (head leads)

2 Return to center

Roll body to the left (head leads)

4 Return to center

Body remains facing front

ROCK STEP & BODY ROLL

1 Rock back onto right foot (left doesn't move)

2 Step forward onto left

Begin ¼ turn left/begin hip roll
Finish ¼ turn left/finish hip roll

REPEAT