

Being Good

Compte: 60

Mur: 0

Niveau:



Chorégraphe: Ian St. Leon (AUS)

Musique: If You Can't Be Good, Be Good At It - Neal McCoy

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- | | |
|---------|---|
| 1-2 | Step forward on right at 45 degrees right, lock left behind right, |
| &3-4 | Step back on right at 45 degrees right, step forward on left at left 45 degrees, lock right behind left |
| &5-6 | Step back on left at 45 degrees left, step forward on right at 45 degrees right, lock left behind right |
| &7-8 | Step back on right at 45 degrees right, step forward on left at left 45 degrees, lock right behind left |
| | |
| &1-2 | Step forward on left, turn ¼ left while stepping back on right, turn ½ left while step forward on left |
| 3&4 | Shuffle forward right (right-left-right) |
| 5-6 | Rock forward on left, rock/step back on right |
| 7&8 | Cha-cha (left-right-left) as you turn ½ left |
| | |
| 1-2 | Rock forward on right, rock/step back on left |
| 3&4 | Cha-cha (right-left-right) as you turn 3/8 right (facing 45 degrees right as if facing the front) |
| 5-6 | Rock forward on left, rock/step back on right |
| 7&8 | Cha-cha (left-right-left) as you turn ½ left (facing 45 degrees right as if facing the back) |
| | |
| 1-2 | Rock forward on right, rock/step back on left |
| 3&4 | Coaster step-step back on right, step back on left, step forward on right |
| 5-6 | Step left to left side, step right to right side turn 45 degrees right |
| 7&8 | Left sailor shuffle-step left behind right, step right to right side, step left to left side |
| | |
| 1&2 | Right sailor shuffle-step right behind left, step left to left side, step right to right side |
| 3-4 | Step left behind right, unwind ¾ (facing front)-weight on left |
| 5&6 | Side shuffle right (right-left-right) |
| 7-8 | Step forward on left, step right together-weight on right |
| | |
| &1&2 | Step back on left, touch right heel forward, step back on right, step forward on left |
| 3&4 | Step right to right side, step left in place, step right across left |
| &5&6 | Step back on left, touch right heel forward, step back on right, step forward on left |
| 7&8 | Step right to right side, step left in place, step right across left |
| | |
| 1-2 | Turn ¼ turn left-step forward on left, step right together-weight on right |
| 3&4 | Coaster step-step back on left, step back on right, step forward on left |
| 5&6-7-8 | Side shuffle right (right-left-right), rock back on left, step forward on right |
| | |
| 1&2-3-4 | Side shuffle left (left-right-left), rock back on right, step forward on left |

REPEAT
