

Bad Thang

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Max Perry (USA)

Musique: Bad Thang - Scooter Lee

LEFT FORWARD, BOUNCE HEEL 3 TIMES, RIGHT FORWARD, BOUNCE HEEL 3 TIMES

- 1-4 Place left foot forward, bounce heel 3 times
- & Quickly step left next to right
- 5-8 Place right foot forward, bounce heel 3 times

2 SAILOR SHUFFLES

- 1&2 Cross right behind left, step left to left side, step right in place
- 3&4 Cross left behind right, step right to right side, step left in place

STEP RIGHT FORWARD, TWIST BOTH HEELS IN, OUT, STEP OUT, OUT, CLAP

- 5&6 Step right forward, twist both heels in, twist both heels out
- &7-8 Step right to right side, step left to left side, clap hands (feet shoulder width apart)

RUNNING MAN

- 1& Step right diagonally forward & left diagonally back, slide right towards home, position & hitch left knee
- 2& Step left diagonally forward & right diagonally back, slide left towards home position & hitch right knee
- 3&4& Repeat right & left running man two 1/8 turns with hip rolls
- 5-6 Step right forward & turn 1/8 left, step in place with left
- 7-8 Step right forward & turn 1/8 left, step in place with left, rotate hips counter-to the right (left to right) twice

The total amount of turn is ¼ over steps 5-8

MASHED POTATOES (CHARLESTON SWIVELS)

- &1 Swivel both toes in, swivel both toes out as you step back with right foot
- &2 Swivel both toes in, swivel both toes out as you step back with left foot
- &3 Swivel both toes in, swivel both toes out as you step back with right foot
- &4 Swivel both toes in, swivel both toes out
- &5 Swivel both toes in, swivel both toes out as you step back with left foot
- &6 Swivel both toes in, swivel both toes out as you step back with right foot
- & Swivel both toes in

LEFT COASTER STEP

- 7&8& Step left back, step right next to left, step left forward, step right up to left for

REPEAT