Aquarius



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: John Robinson (USA)

Musique: Aquarius - Aqua

Niveau: intermediate



Sequence: 32, 24, 32, 32, 24, 32&4, 32, 24, 16

The dance should flow beautifully with a bit of rise and fall. Use your arms and head for interpretive styling

BRUSH & STEP, 1 ½ TURN LEFT WITH TOE POINT, STEP LIFTS, CROSS TRIPLE

1&2& Rising on ball of left, brush ball of right foot forward, bending knees to lower slightly step right

foot forward, left step turning toe out prepping for left turn, pivot ½ left (to 6:00) stepping right

foot back

3&4 Pivot ½ left (to 12:00) stepping left foot forward, pivot ½ left (to 6:00) stepping right foot back,

point left toe forward

5&6& Step left forward, right lift behind left leg, step right back, left lift in front of right leg

Angling body to 9:00

7&8 Left step side left, right step across left, left step side left

CROSS TRIPLE WITH SWEEP, CROSS TRIPLE WITH SWEEP, SWEEP WALKS, FORWARD PRESS, RECOVER, ½ TURN RIGHT

1&2 Right step across left, left step side left, right step across left, sweeping l

the right preparing to cross over right

3&4 Left step across right, right step side right, left step across right sweeping right out and

around to the left preparing to cross over left

5-6 Right sweep step forward across left, left sweep step forward across right

7&8 Right press forward ball of foot, recover to left, pivot ½ right (to 3:00) stepping right forward

SIDE BALL CROSS, SIDE BALL CROSS, SIDE BALL CROSS & TURN, QUICK HIP SWAY

1&2	Left step ball of foot side left, right step ball of foot in place, left step across right
3&4	Right step ball of foot side right, left step ball of foot in place, right step across left

5&6& Left step ball of foot side left, right step ball of foot in place, left step across right turning toes

left prepping for turn, pivot 1/4 left (to 12:00) stepping right back

7&8 Pivot ¼ left (to 9:00) stepping left side left and swaying hips left, sway hips right-left

SIDE, ROCK-STEP, SIDE, ROCK-STEP, SIDE, BEHIND, UNWIND FULL TURN LEFT

1-2& Right step side right, left rock ball of foot behind right, recover to right

3-4& Left step side left, right rock ball of foot behind, recover to left

5-6 Right step side right, left toe touch behind right

7-8 Unwind full turn left placing weight on left

REPEAT

RESTART

Do the entire dance once. Start the next repetition and when you finish the quick sway at the end o the third 8, the chorus will begin. Start over and compete another full repetition (that's 32, 24, 32). Repeat (32, 24, 32), then hold for 4 counts (feel free to add arm styling here). Now you have one set left: another 32, 24, begin the final 32 and you'll get halfway through when the song ends, so finish with the press and turn (last 2 counts of second set of 8) turning ½ right (instead of ½) to face the front (12:00). Then hold, raising arms slowly as the music fades