Baby It's So Smooth



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Pam Dailey (USA)

Musique: Smooth (feat. Rob Thomas) - Santana



SIDE ROCK 1/4 TURN, CROSS SHUFFLE, SIDE ROCK 1/2 TURN, CROSS SHUFFLE

1 Step to right on right

2 Transfer weight to left making a slight ¼ turn to left Starting the dance facing the music this turn ¼ turn would be at 9:00

3&4 Cross right over left, step left, then step right, (right is still crossed over left)

5 Step out to left on left

6 Transfer weight to right making a ½ turn to right (3:00)

7&8 Cross left over right, step right, then left

ROCK STEP, LOCK STEP, ROCK STEP, LOCK STEP

1 At 45 degrees angle left (left corner of 3:00) rock forward on right

2 Recover back on left

3&4& Step right forward still at angle then slide left up behind, transfer weight to right toe, pivot to

right (still 3:00 wall)

Rock forward on leftRecover on right

7&8 Step left forward, then right slide up behind, step on left

STEP 1/2 TURN LEFT, BASIC MAMBO, STEP BEHIND, LEFT COASTER

1 Step right forward (prepare for ½ turn left)

2 Turning ½ turn to left, shift weight to left foot, (9:00)

3&4 Step right, then left in place, step right

5 Step left to left6 Cross right behind

7&8 (Left coaster) step left back, then step back together, then forward on left

ROCK STEP BODY OR FORWARD HIP ROLL 1/2 TURN RIGHT WITH BASIC MAMBO

1 Rock forward on right

2 Recover on left

3-4 Forward hip or body roll (right foot forward, body angled slightly left)

5 Place right toe behind left

6 Make ½ turn to right (back facing 3:00 wall)

7&8 Step left to left, step right in place, then step left in place

REPEAT

This was choreographed in the traditional country style cha-cha. To dance it if you desire in Latin rhythm (4&5 and 8&1 accent):

In beginning add

1 Rock forward on left

Back on rightStep left

Then follow the sheet. 3&4 are now 4&5. Continue the dance to last two counts (7&8) will now be 7-8

7 Rock to left8 Recover on right

Start over with rock forward on left and etc.