Almamater (P)



Compte: 48 Mur: 0 Niveau: Partner

Chorégraphe: The Dancin Dudes

Musique: HeartBreak School - James Bonamy



Position: Right Open Promenade (Holding Inside Hands) Man's steps are shown. Lady's steps are opposite foot

STEP, SLIDE, STEP, SCUFF - STEP SLIDE, STEP, SCUFF

Hands: hold inside hands

1-2 Left step forward - slide right up to left
3-4 Left step forward - scuff right forward
5-6 Right step forward - slide left up to right
7-8 Right step forward - scuff left forward

STEP 1/4 TURN, CROSS SHUFFLE - SIDE, ROCK, SAILOR STEP

Hands: join both hands on ¼ turn - facing partner

9-10 Left step forward - make ½ turn right (weight on right)

11&12 Left cross shuffle to right (left-right-left)13-14 Right step to the side - rock weight onto left

15&16 Right step behind left - left step to the side (&) - right step to the side

WALK, WALK, 1/2 TURN, TOUCH - WALK, WALK, 1/4 TURN, TOUCH

Hands: man turns under his right arm releasing left hand on ½ turn - turning lady under his right arm &¼ turn

17-18 Left step forward - right step forward

19-20 Left step forward making ½ turn right - touch right toe beside left (facing partner)

21-22 Right step forward - left step forward

23-24 Right step ¼ turn right - touch left toe beside right (LOD)

SHUFFLE FORWARD, STEP, SCUFF - SHUFFLE FORWARD, STEP, SCUFF

Hands: hold inside hands

25&26 Left shuffle forward (left-right-left)
27-28 Right step forward - scuff left forward
29&30 Left shuffle forward (left-right-left)
31-32 Right step forward - scuff left forward

STEP PIVOT ½ TURN. SHUFFLE FORWARD - STEP PIVOT ½ TURN SHUFFLE FORWARD

Hands: release hands joining opposite hands on pivot turns

33-34 Left step forward - make ½ turn right (weight forward) (RLOD)

35&36 Left shuffle forward (left-right-left)

37-38 Right step forward - make ½ turn left (weight forward) (LOD)

39&40 Right shuffle forward (right-left-right)

WALK, WALK, WALK - STOMP, STOMP, KICK, KICK

Hands: hold inside hands

41-42 Left step forward - right step forward 43-44 Left step forward - right step forward

45-46 Stomp left twice

47-48 Kick left forward (option: touch foot with partners)

REPEAT

