

# Lift Me Up

**COPPER** KNOB  
STEPSHEETS

Compte: 24

Mur: 4

Niveau: Intermediate



Chorégraphe: Glynn Holt (UK) - August 2007

Musique: Lift Me Up - Geri Halliwell

Note: When Geri sings the words ?**LIFT ME UP**? raise both hands up in the air and then back down, just when the words ?**Lift Me Up**? are sang. Remind the dancers to continue dancing at the same time lol.

## Start on Vochals

### Right Vine with Brush, Left Vine with Brush

- 1-2 Step Right to Right side, Step Left behind Right.
- 3-4 Step Right to Right side, Brush Left next to Right.
- 5-6 Step Left to Left side, Step Right behind Left.
- 7-8 Step Left to Left side, Brush Right next to Left.

### Step Slide Step Brush x 2

- 1-2 Step Right forward, slide Left next to Right.
- 3-4 Step Right forward, Brush Left next to Right.
- 5-6 Step Left forward, slide Right next to Left.
- 7-8 Step Left forward, Brush Right next to Left.

### Right Vine with Brush, Left Vine with ¼ Turn Left

- 1-2 Step Right to Right side, Step Left behind Right.
- 3-4 Step Right to Right side, Brush Left next to Right.
- 5-6 Step Left to Left side, Step Right behind Left.
- 7-8 Make ¼ turn to Left, Touch Right next to Left.

## End of Dance

?Dance Dedicated to Sally from Magill?, a Very Special Friend.

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