Keep Upya Little Move



Compte: 64 Mur: 4 Niveau: Improver

Chorégraphe: Dancin Mamas - June 2006

Musique: Crazy (feat. Pitbull) - Lumidee



Start on main vocals, 16 count intro

Section 1 Walk, Walk, ½ left semicircle turn right, Mambo break hitch

1-2 (1)Walk right, (2)left forward

3&4 (3)Cross right over left, (&)step left back turning 1/8 right (facing right diagonal) (4)Step right

1/8 to right side (3 o'clock)

5&6 (5)Step left behind right, (&)step forward on right turning ½ rights (6 o?clock)

(6)Step forward on left (moving in a left semicircle)

7&8 (7)Rock right foot forward,(&) recover on left, (8) Hitch

(Optional move: count 8. Push palms forward and your hips back to make it feel like a break, like as you get a punch in your stomach)

Section 2 Funky weave, Point Hitch cross

1-4 (1)Step right behind left popL knee forward, (2)step left foot back to left pop R knee foward

(3)Cross right over left pop L knee forward (4)Step back on left pop R knee forward.

5-6 (5)step back on right, (6)cross left over right

7&8 (7)point right to right side, (&)hitch right knee, (8)cross right over left (6 o?clock)

Easy Option: (Weave moving back. 1-4 to left diagonal. 5-8 to right diagonal)

Section 3 Rock&cross 1/8 left,Side, turn ¼, Kick ball long step, Kick ball long step

1&2 (1)Rock left to left side, (&)recover on right, (2)step left foot forward turning 1/8 left

3-4 (3)Step right foot to right side 1/8 turns left. (9 o?clock) (4)step left to left turning 1/4 left (12

o?clock) (keep your legs stiff, take wide steps)

5&6 (5)Kick right foot forward, (&)step down on right with bent knee, (6)take a long step forward

on left

7&8 (7)Kick right foot forward, (&)step down on right with bent knee (8)take a long step forward on

left (12 o?clock)

Section 4 Lounge, Snap, Kick, Behind side cross & Funky weave

1-4 (1) With left hand on hip Lounge forward, snap your fingers 3 times and pop your knee, right

(&) left (2) right (&)left (3) right at the same time, (4)recover on left as you kick right foot

forward towards 1 o?clock

5&6 (5)Step right foot behind left, (&)step left to left side, (6)cross right foot over left

&7&8 (&)Step left to left side, (7)step right foot behind left, (&)step left to left side, (8)cross right foot

over left, (12 o?clock)

(Optional move: 5-8 Move your arms as if you were holding a steering wheel with bent arms, & closed fist facing forward ,shoulders pop up &down)

Section 5 Paddle turn right ¾, ?Beyonce shakes?

1&2&3&4 (1)Point left to left side, (&)hitch left turning ¼ right, (2) point left to left side (3 o?clock).

(&)Hitch left turning ¼ right, (3) point left to left side (6 o?clock)

(&) hitch left turning ¼ right, (4) flex your foot left to left side (9 o?clock)

5&6 (5) Step down on left foot as you push your chest back (&) and forward&back (6) rise your

right foot flexed.

7&8 (7) Step down on right foot as you push your chest back(&) and forward &back (8) rise your

left foot flexed. (9 o'clock)

(Optional move: ?Beyonce shake?: bend your arms, palms facing forward at chest level, pushing your chest forward and back. (The counts can be 5&6&7&8&)

Section 6 Dorothy, left, right, Shuffle forward, Sailor full turn

1-2& (1)Step left diagonally forward, (2)lock right foot behind left, (&)step forward on left

3-4& 5&6 7&8	(3)Step right diagonally forward, (4)lock left foot behind right, (&)step forward on right Shuffle forward on left, right, left Sailor full turn over right shoulder, weight ends on right. (9 o'clock)
Section 7 1-2 3-4 &5-6 &7-8	Charleston, Turn, & Forward Clap & Forward Clap (1)Point left foot forward, (2)point left foot back (3)unwind ½ turn over left shoulder, step down on left (4)clap your hands (&)step right foot behind left, (5)step down on left and (6)clap your hands (&)step right foot behind left, (7)step down on left and (8) clap your hands (3 o?clock)
Section 8 1&2 3-4 5&6 7-8	Rock✗, Sway ½ turn left, Rock✗, Sway ¼ turn left (1)Rock right to right side, (&)recover on left, (2)cross right over left (3,4)Sway hips in a semicircle from left to right ¼ turn left x2 (compleating1/2 turn) (5)Rock right to right side,(&) recover on left, (6)cross right over left (7-8)Sway hips in a semicircle from left to right ¼ turn left. Weight ends on left foot (6 o?clock)

No tags, no restarts! Have Fun!!