Mustang Down

Niveau: Beginner

Compte: 32 Chorégraphe: Wanda Heldt (AUS) - April 2007 Musique: Mustang Sally - The Commitments

Or Music: Honky Tonk In Every Town by Heather Myles Joe's Place by Joe Nichols Non-Country: Alone Together by Girls Aloud

VINE RIGHT, ROTATE HIPS

- 1-4 Step Right, Step Left behind Right, Step Right
- Rotate hips L.R.L.R Wt on the R 5-6

VINE LEFT, ROTATE HIPS

- Step Left, Step Right behind Left, 1-4
- 5-8 Rotate R.L.R, Hold on 8 Wt on the R

LOCK STEPS FORWARDS, WITH ATTITUDE

- 1-4 Step forward L,Lock R behind, Step Forward L,Lock Right behind,
- 5-8 Step forward L,Lock R behind, Step forward L,touch R next to L .Wt.L

STEP BACK R.L.R.L AT 45 ANGLE, TOUCH & CLAP

- Step back R,Touch L toe next to R, Step back L,Touch R toe next to L 1-4
- 5-8 Step back R, Touch L toe next to R, Step back L, Touch R toe next to L

SHIMMY TO THE RIGHT & LEFT

- Long Step to the R & Shimmy shoulders & Touch L toe beside R 1-4
- 5-8 Long Step to the L & Shimmy shoulders & Touch R toe beside L

POINT & TURN 4 -1/4 LEFT, WITH ATTITUDE

- Point R toe forward, Turn a 1/4 L, Point R toe forward, Turn a 1/4 L 1-4
- 5-8 Point R toe forward, Turn a 1/4 L, Point R toe forward, Turn a 1/4 L

Weight stays on the L foot as you rotate around and you will come back to the back to the Front Wall.

JUST HAVE FUN "NO MATTER WHAT

<u>EMail</u>





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