Mind Jammin

Compte: 64

Niveau: Intermediate

Chorégraphe: Derrick Walker (USA)

Musique: Favorite State of Mind - Josh Gracin : (CD: Single)

KNEE KNOCKS [w/ HITCHHIKES]

- 1-4 With feet together knock knees in and out starting with knees knocking in (point left thumb to the left like your hitching a ride)
- 5-8 Repeat 1-4 (point right thumb to the right)

MONTEREY TURNS

- 9 Touch Right Toe to Right
- 10 Pivot ½ turn right on ball of left and step together right
- 11-12 Touch left toe to side, step together left

PIGEON TOES

- 13 Side step left pointing toes outwards
- 14 Shift weight to left toe and right heel and fan left heel out and right toe in
- 15 Shift weight to left heel and right toe and fan left toe out and right heel in
- 16 Shift weight to left toe and right heel and fan left heel out and right toe in
- 17-20 Repeat traveling right!!!!!

MONTEREY TURNS

21-24 Repeat 9-12!!!!!!!!

SCOOT, SCOOT, WALK, WALK, REPEAT

- 25-26 Scoot Left Foot Forward twice while Right Knee is hitched
- 27-28 Step Forward Right Foot, Step Forward Left Foot
- 29-32 Repeat 25-28

STEP, SLAP, STEP, SLAP, VINE RIGHT w/ 1/4 TURN

- 33-34 Step Right Foot to Right Side, Kick Left Foot behind Right while slapping your boot with your Right Hand
- 35-36 Step Left Foot to Left Side, Kick Right Foot behind Left while slapping your boot with your Left Hand
- 37-40 Step Right Foot to Right Side, Step Left Foot behind Right Foot, Step Right Foot Forward making ¼ turn Right, Step Left next to Right

HEEL/TOE, TOE STRUT

- 41-42 With weight on both feet you will have your heels facing outward and your toes facing inward, Bring to Center
- 43-44 With weight on both feet you will have your heels facing inward and your toes facing outward, Bring to Center
- 45-46 Touch ball of Right Forward, step down on Right Heel
- 47-48 Touch ball of Left Forward, step down on Left Heel

WALK, WALK, WALK, KICK, REPEAT

- 49-50-51 Making ¼ turn Right, Walk forward Right, Left, Right
- 52 Kick Left Foot Forward while making ½ turn Left
- 53-54-55 Walk forward Left, Right, Left
- 56 Kick Right Foot Forward while making ¼ turn Right

ROCKS, ¾ TURN STEPS

57-58 Rock Right Foot Forward, Recover on Left Foot





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59-60	Rock Right Foot Backward, Recover of Left Foot
61	Step Right Foot Forward, making ¼ turn Left
62	Step on Left Foot making 1/2 turn Left
63-64	Step in place Right, Left
REPEAT	