No Dr Phil

Niveau: Intermediate



COPPERKNO

Compte:32Mur:4Chorégraphe:Nancy Morgan (USA)Musique:When It Rains - Gretchen Wilson

KICK FORWARD, KICK SIDE, SAILOR SHUFFLE, KICK FORWARD, KICK SIDE, SAILOR SHUFFLE 1-2 Kick right foot forward, kick right foot to right side 3&4 Sailor shuffle - step right behind left, left to left side, right foot forward 5-6 Kick left foot forward, kick left foot to right left 7&8 Sailor shuffle - step left behind right, right to right side, left foot forward FORWARD ROCK, SKIP **BACK FOR 4** COUNTS, **BACK ROCK** 1-2 Rock/step forward on right and back on left &3 Lift right foot up as you hop on left, bring and set right foot directly behind left (it is

like skipping backwards)

&4 Lift left foot up as you hop on right, bring and set left foot directly behind right &5 Lift right foot up as you hop on left, bring and set right foot directly behind left &6 Lift left foot up as you hop on right, bring and set left foot directly behind right 7-8 Back rock/step on right and forward on left

STEP

FORWARD, **BOUNCE TWO** TIME IN 1/2 **TURN TO** LEFT, KICK FORWARD, BACK COASTER, FORWARD COASTER 1 Step forward on right (stay on balls of feet) 2-3 Bounce two (2) times on heels as your turn one half turn to left (weight is on right) 4 Kick left foot forward 5&6 Back coaster step step back on left, back on right, and forward on left 7&8 Forward coaster step step forward on right, step forward on left, step back on right

TOUCH BACK, 1/4 TURN LEFT, SWIVEL, SWIVEL 1/4 TURN LEFT, KICK-BALL-CHANGE SWIVEL. SWIVEL 1/4 **TURN LEFT** 1-2 Touch left toe back, pivot 1/4 turn to your left (weight is even) 3 Swivel both feet to right (on balls of feet) 4 Swivel both feet to left 1/4 turn to left (on balls of feet. weight ends on left) 5&6 Kick-ballchange - kick right foot forward, put right next to left as you pick left off floor, set left next to right 7 Swivel both feet to right (on balls of feet) 8 Swivel both feet to left 1/4 turn to left (on balls of feet, weight ends on left)

## REPEAT