

# Goodies

**COPPER** KNOB  
STEPSHEETS

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate/Advanced



**Chorégraphe:** Alice Lim (SG) - December 2004

**Musique:** Goodies (feat. T.I. & Jazze Pha) - Ciara

1 2 Step R to  
side, Touch L  
behind

*Arm: @ CT 2  
slash L fist dia.  
down in a curve  
to R side (as if L  
hand is holding  
a knife)*

&3&4 Jump to L  
side, Touch R  
behind L, Jump  
to R side, Touch  
L behind R

*Arm: Optional -  
@3 slash R fist  
dia. down to L  
side and @4  
slash L fist dia.  
down to R side*

5&6 Rolling  
Vine to L - 1/4  
turn L, 1/2 turn  
L, 1/4 turn L  
ending with Ls  
apart

7 Squat & at  
same time slap  
thighs with  
hands (7),  
& While still  
squating, punch  
both fists down -  
R fist infront & L  
fist behind

8 Jump up to  
close Ls  
*Arm: While  
jumping up,  
move both fists  
up as if you are  
zipping up a  
jacket both  
infront & behind*

(R fist will end  
infront of upper  
chest & with R  
lower arm in  
horizontal  
position)

**SIDE, TOUCH,  
SIDE, TOUCH,  
ROLLING VINE,  
BACK, TOUCH**

1 2 Big step to  
R, Touch L  
together

3 4 Big step to  
L, Touch R  
together

*Arm: @1 swing*

*R arm clockwise*

*3/4 of a big  
circle ending  
with arm by the  
sde*

@2 Bring L fist  
to chest level  
with L lower arm  
horizontal

@3 mirror  
image of arm  
movemt for ct. 1  
(swing anti-  
clockwise)

@4 mirror  
image of arm  
movemt for ct.  
2

5&6 Rolling vine  
to R - 1/4 turn  
R, 1/2 turn R,  
1/4 turn R  
ending with Ls  
together

7&8 Big step  
back with LL,  
Touch R  
together

*Arm: @7 push  
both fists fwd as  
you step back*

**SIDE, STOMP,  
SIDE, STOMP,  
STOMP &  
STOMP, FWD-  
TURN-  
TOGETHER**

1 2 Big step R  
to side (1),  
Stomp L tog.  
(2)

*Arm: While  
stepping to R,  
bring R arm &  
fist to the front  
(arm straight &  
knuckles facing  
down towards  
floor)*

& rotate fist  
round 2 small  
circles as if  
stirring a cup of  
coffee placed  
on a low table  
infront of legs  
for counts 1&  
(stir just 1 circle  
for ct. 1 only if  
you find 2  
circles difficult  
to co-ordinate)

@2 while  
stepping L tog.  
return R arm to  
the side

Optional : while  
moving R arm  
to side @ count  
2, raise L hand  
with lower arm  
vertical & palm  
facing 3.00

3 4 Big step L to  
side, Stomp R  
tog

*Arm: While  
stepping to L,  
slap R hand on  
R side of R  
thigh 2X for  
counts 3&*

Optional : @4  
while stomping  
RL, raise R  
hand (R lower  
arm vertical) so  
that palm faces  
9.00

5&6 Stomp R  
fwd making 1/8  
turn R, Raise R,  
Stomp R fwd  
again making  
another 1/8 turn  
R (3.00)

*Arm: @5&6,  
with hands  
apart in front of  
chest & palms  
facing each  
other, glide R  
hand up-down-  
up  
while L hand  
goes down-up-  
down (as if you  
are rubbing yr  
hands except  
that palms do  
not touch each  
other)  
7&8 Step L fwd,  
Pivot 1/2 turn R,  
L tog. (9.00)*

**FWD,  
TOGETHER,  
SIDE,  
TOGETHER,  
TOE  
SWITCHES,  
KICK-  
TOGETHER-  
FWD**

1 2 Step R fwd,  
L tog.

*Arm: While  
stepping R fwd,  
with lower arms  
in horizontal  
position &  
infront of chest,  
roll R fist over L  
fist*

in 2 small  
circles for  
counts 1& (roll 1  
circle for ct. 1  
only if you find 2  
circles difficult  
to co-ordinate)  
@ 2 keeping L  
lower arm  
horizontal, raise  
R arm to vertical  
position as if  
showing bicep  
(muscle)  
3 4 Big step to  
R, L tog.

*Arm: @ 3 move*  
*R hand over*  
*head as if*  
*combing hair*  
*from L side of*  
*head to the*  
*back ending*  
*behind R ear*  
*@ 4 punch L fist*  
*out to side*  
5&6& Twist  
1/4R touching R  
toe fwd, R tog,  
touch L toe fwd,  
Step back  
slightly on L  
making 1/4R  
(3.00)  
7&8 Kick R fwd,  
R tog., Step L  
fwd

**HEEL  
SWITCHES,  
BUMP-BUMP-  
TWIST, KICK-  
TOGETHER-  
FWD**

1&2& Touch R  
heel fwd, R tog,  
Touch L heel  
fwd, L tog  
3&4 Touch R  
heel fwd, Turn  
head to look R,  
Head back to  
centre  
*Arm: @3 click R*  
*fingers with R*  
*hand in front of*  
*chest*  
5&6 Turning 1/4  
L bump R hip,  
bump L hip,  
Twist 1/4L wt  
ending on RL  
(9.00)  
7&8 Kick L fwd,  
L tog, Step R  
fwd

**STEP-HOLD-  
TWIST, KICK-  
TURN-STEP  
X2, HEEL-TOG-  
DIG**

1&2 Step L to  
side (Ls apart),  
Hold, Twist  
1/4R wt ending  
on RL (12.00)  
*Arm: @1 touch  
L fingers on L  
shoulder, elbow  
pointing towards  
floor*  
(imagine that  
head & body  
form a door  
while L arm  
forms the  
handle)  
@& grab L arm  
with R hand (as  
if grabbing  
handle of door)  
@3 pull on L  
arm as you twist  
1/4 R (as if  
opening the  
door)  
3&4 Kick L fwd,  
Step slightly  
back on L  
turning 1/2 R,  
Step R fwd  
(6.00)  
5&6 Repeat  
above steps  
(12.00)  
7&8 Tocuh L  
heel fwd, L tog,  
Dig R heel fwd  
*Arm: @8, punch  
both fists down  
in front crossing  
arms at the  
wrists*

**PHRASING:**

12.00: Full  
dance (48 cts)  
32 counts  
3.00: 32 cts  
6.00: Full dance  
32 cts  
9.00: Full dance  
32 cts  
After that, 32 cts  
each for  
remaining 5  
walls

**FINISH:**

After 32 cts at the last wall, you will be facing 3.00. For the extra one count of music, step R to side turning 1/4L to finish facing front.

If you are using Track 1, music is shorter by 64 cts. So you will end facing 9.00. To finish facing front, step R to side turning 1/4R for the extra count.

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