All 4 U

Compte: 48 **Mur:** 4 **Niveau:** Intermediate
Chorégraphe: Roy Verdonk (NL) & Wil Bos (NL)
Musique: All for You - Kate Ryan

Intro : 16 counts

Step Tap, Heel Bounce, Kick Ball Step, Out, Out, In, In

1&2	Step right to right diagonal, Lift heel, Lower heel right foot
3&4	Kick right forward, Step down on ball of right foor, Step left forward
5-6	Step right to right diagonal, Step left to left diagonal
7-8	Step right back to the middle, Close left next to right (12)

Kick and Skate (x2), Rock, Recover, 1 ¼ Triple Turn Right

1&2	Kick right forward, Step right next to left, Step left forward with toes left swivel heel back
3&4	Kick right forward, Step right next to left, Step left forward with toes left swivel heel back
5-6	Rock right forward, Recover
7&	Pivot ½ turn right and step right forward, Pivot ½ turn right step back on left,
8	¼ Turn right step right to right side (03)

Option for 7&8 – ¼ turn right with a side shuffle right

Cross, Step, Sailor Step, Recover with Shoulder pops (x2), Cross Shuffle

1-2	Cross left over right, step right to right side
3&4	Cross left behind right, Step right to right side, Step left to left side
5-6	Recover on right and pop right shoulder, Recover on left and pop left shoulder
7&8	Cross right over left, Step left to left side, Cross right over left (03)

Option for 5-6 – Recover on right and sway right, Recover on left and sway left

¼ Turn, ¼ Turn, Cross Mambo (x2), Step, Pivot

1-2	¼ turn right step left back, ¼ turn right step right to right side (09)
3&4	Cross left over right, Recover, Step left to left side
5&6	Cross right over left, Recover, Step right to right side
7-8	Step left forward, Pivot ½ turn right (03)

Step, Lock, Step, Lock, Step, Rock, Recover, ¾ Turn

1-2	Step left forward, Lock right behind left
3&4	Step left forward, Lock right behind left, Step left forward
5-6	Rock right forward, Recover
7&8	¾ triple turn right stepping R-L-R (weight on right) (12)

Step, Touch & Snap, Step, Touch & Snap, Rock, ¼ Turn Recover, Point, Cross

1-2	Step left to left side, Touch right behind left and snap fingers on shoulder height
3-4	Step right to right side, Touch left behind right and snap fingers on shoulder height
5-6	Rock left to left side, Recover with ¼ turn right (03)
7-8	Point left to left side, Cross left over right

Start again and let the music touch your soul